

# Welcome

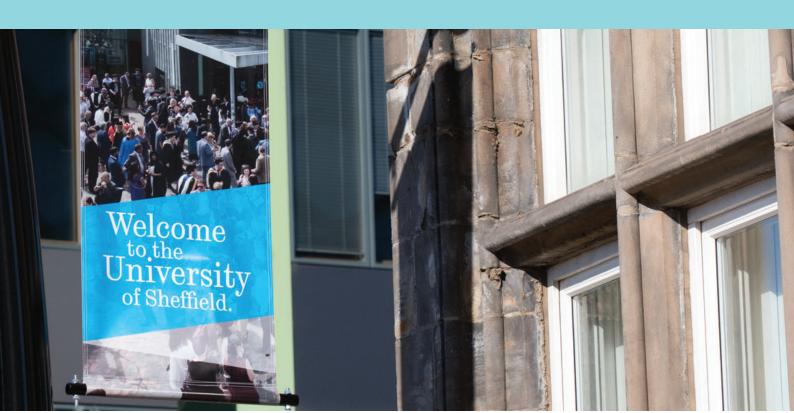
#### to cycling at the University of Sheffield

You've made a great choice coming to the University of Sheffield, so why not make the most of your time here and get around by bike.

This guide gives you all the information you need to get you on your way. The map on the back shows routes around the campus and there's information on where to get a bike, safe cycling, on-campus facilities and how to enjoy life on two wheels.

This is only a fraction of what we provide, there is plenty more information online, visit:

www.sheffield.ac.uk/efm/campusservices/transport/cycling

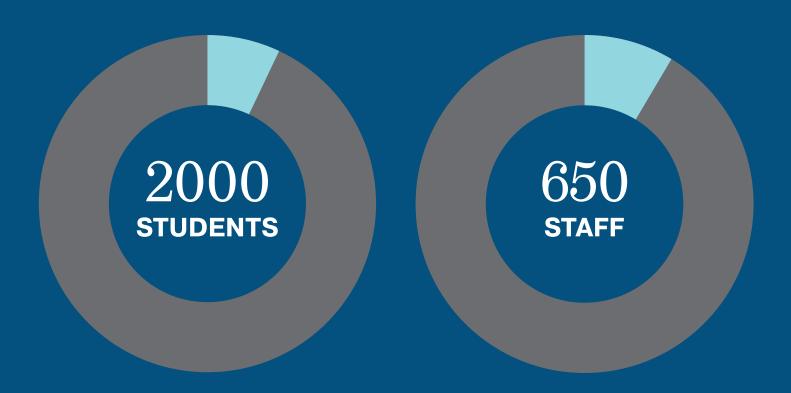


#### About this map

This map is produced by the Parking & Sustainable Travel Team in the Department of Estates and Facilities Management. As well as promoting cycling we maintain a car share scheme and provide public transport discounts. Contact **travelplan@shef.ac.uk** for more information.

#### **DID YOU KNOW?**

If you decide to jump on your bike, you'll be in good company.



**CURRENTLY CYCLE TO CAMPUS** 

# Need some help uphill or through traffic?

Sheffield is a vibrant city said to be built on 7 hills, this means traffic and some uphill cycling.

If you're not used to cycling, don't let it put you off. Pedal Ready are a local cooperative of qualified cycle instructors who currently offer pre-bookable Learn to Ride sessions at Stephenson Hall, Endcliffe Residences, on Tuesdays (5pm - 8pm) and Saturdays (9am -12noon). Free 1-2-1 cycle training is also available to suit you upon request, just contact **0114 2412775** or visit **www.pedalready.co.uk** for more details.

#### Remember!

To obey the rules of the Highway Code and be courteous to other road users. A bike with gears will help you get up those hills! You don't have to wear a helmet but it is a good idea.

The good news is, what goes up has to come down!

## Get a bike

OK, so you've arrived at Sheffield and you want to start cycling but you've got no ride, what can you do?

#### Student Bike Sale:

The University holds a refurbished bike sale once a year. All the bikes are fully restored by the good people at ReCycle Bikes. The sales are really popular so watch out for the date announcement and get there early.

#### Bring Your Bike from Home:

Unless you're training for the Tour de Yorkshire, chances are you'll need to arrange transport to get your bike here. If you're bringing your bike by train, check with the rail company you'll be travelling with, some need pre-booking.

#### Bike Shop:

There are plenty of bike shops in Sheffield and then there are always second hand ads. If you are buying second hand, try and find someone to go with you when you go to view/collect.

# Lock it, don't lose it

You've got your wheels, the last thing you want is to come out of lectures and find they're not where you left them...

#### Get a good lock

Spend 10% of the value of the bike on locking it up. Trying to save a few quid on a lock might cost you a lot more in the long run. Look out for special offers on campus on locks and security tagging. If you get a nice new bike remember the lock off your old rusty ride might not be up to the job.

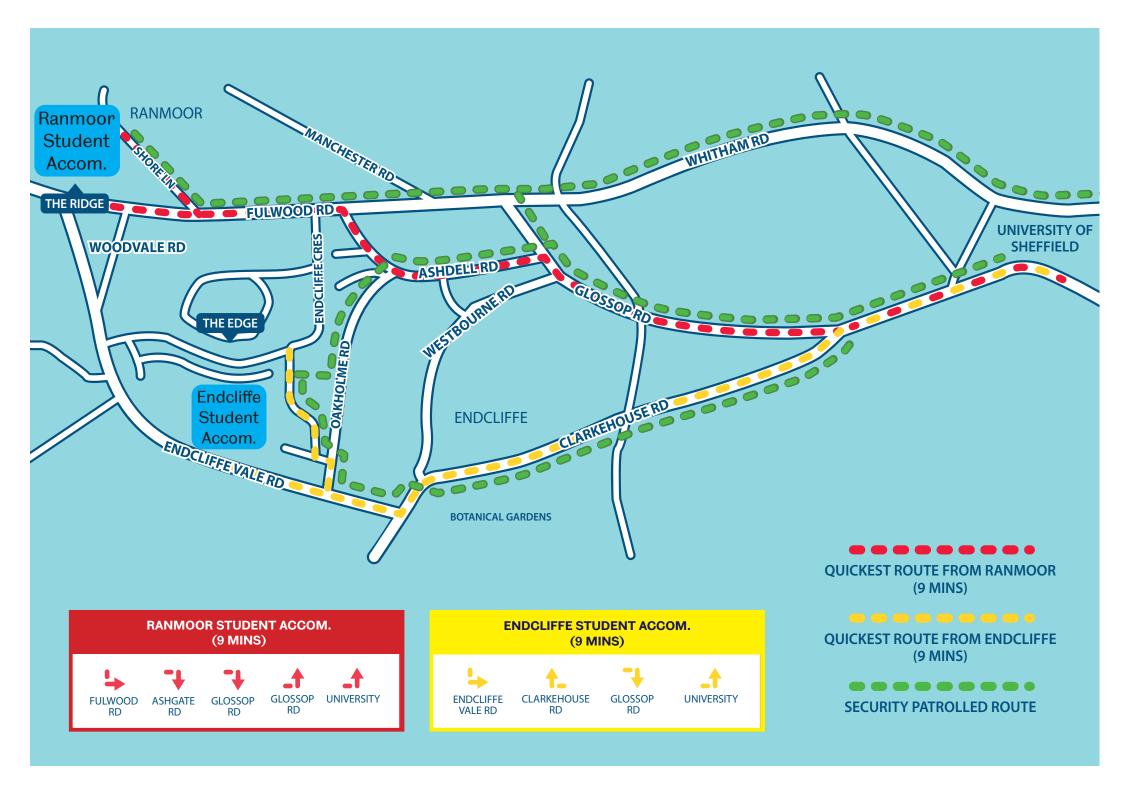
There are over 2500 cycle parking spaces on campus, see our map online; lock your bike to one of them, even if you're just popping in and out of a building.

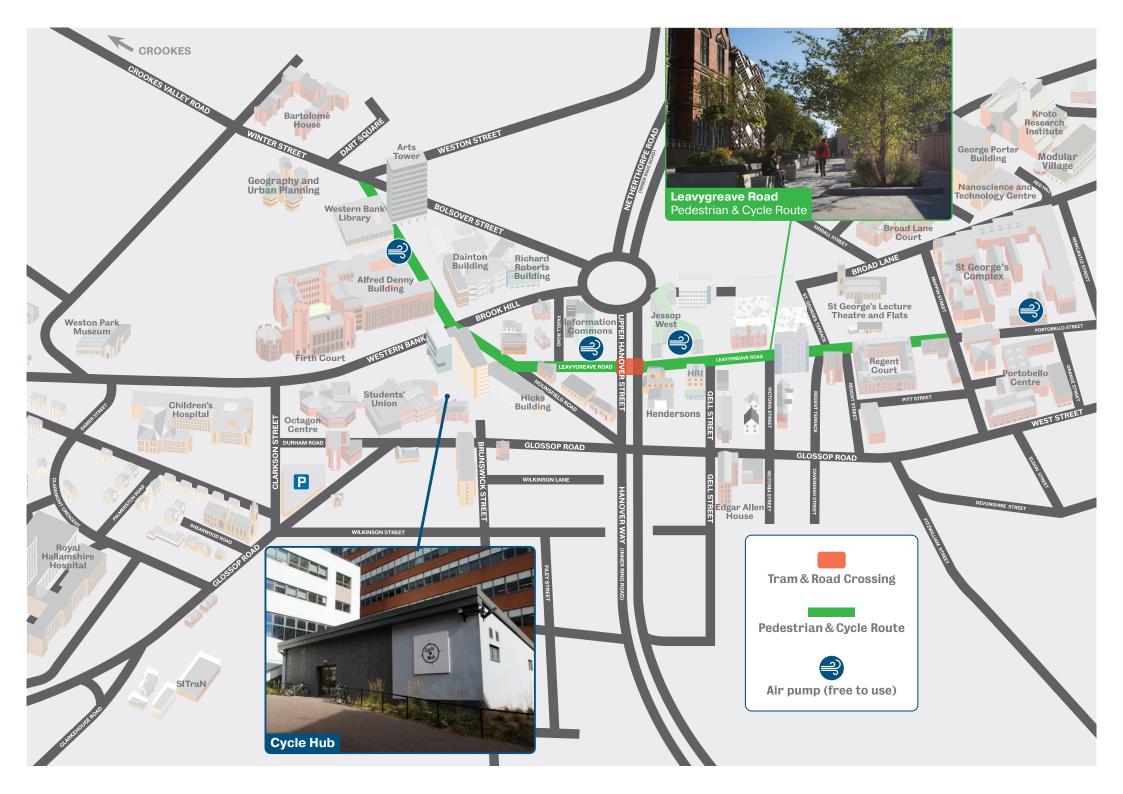
#### **Booking your bike space at the University residences**

Contact Customer Services at the Student Villages on **0114 222 4488** (option 4) /

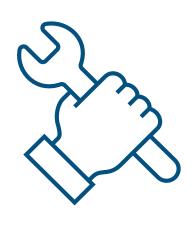
acs-customerservices@sheffield.ac.uk to access one of the numerous bike stores (no matter how much you love your bike you can't keep it in your bedroom!)

Check your bike is insured and register the details on www.immobilise.com





# Keep your bike working



Brakes wear down, gears need adjusting, punctures happen.

Any vehicle needs servicing, bikes included. There's a DIY public workstand and tools at the Endcliffe Village to help you with any running repairs or alternatively drop your bike in to the University's Cycle Hut.

The Cycle Hut provides free safety checks and great value servicing and repairs, by a team of expert mechanics. The staff are really friendly and will do what they can to help and offer advice:

cyclehut@sheffield.ac.uk www.facebook.com/cyclehut

We also have secure free air pumps dotted around campus and a number of cycle repair kits that can be used. For locations and contents of the repair kits, please visit www.sheffield.ac.uk/efm/campusservices/transport/cycling.



# Just enjoy Yourself

The bike is a great form of transport; it's cheap, keeps you fit, it's good for the environment and often the quickest way to get about. What more could you want?

Whether it's downhill, road riding, social riding, chic riding, BMX or MTB, Sheffield has it. Rumour has it there is even a Sheffield Shopper Society. Search online and you'll find it, but here are a few things you could get involved with and some useful contacts:

#### **University Cycle Forum:**

The chance to get together with other cyclists to help influence how the University promotes and provides for cycling - www.shef.ac.uk/cycleforum

#### Sheffield University Cycle Club:

www.weridebikes.co.uk

#### CTC:

The Sheffield branch has organised rides in South Yorkshire and parts of North Derbyshire:

www.sheffieldctc.org/

# Step Up Sheffield -BetterPoints

#### Take the next step to living more sustainably!

The University has a long term commitment to sustainable travel in order to create a better environment. Improving mobile technology and the increasing uptake of smart phones has presented alternative ways to encourage and reward those wishing to travel sustainably.



So if you're cycling, why not download the BetterPoints app, track your journeys and earn points that can be converted into rewards!

https://stepupsheffield.betterpoints.uk/





### Get in touch...

EFM Helpdesk:

0114 229 9000 or efmhelpdesk@sheffield.ac.uk

Booking your bike space at University residences...

To access one of the numerous bike stores contact Customer Services at **The Edge reception** on: **0114 222 4488 (option 4)** or **acs-customerservices@sheffield.ac.uk** 

No matter how much you love your bike, you can't keep it in your bedroom!