

# Research Ethics & the UREC







# Ethics Policy – the basics...

- Relates to any <u>research that involves human</u> <u>participants – or their data/tissue</u>
- About protecting <u>dignity</u>, <u>rights</u>, <u>safety and well-</u> <u>being</u> of participants
- Requires ethics approval <u>BEFORE</u> commencing research
- Applies to <u>all staff & students</u> doing research with people, their data or their tissue





## Definition of 'research'

 'a process of investigation leading to new insights, effectively shared'\* including:



work of educational value designed to improve understanding of research process



administrative research e.g. by Professional Services



<sup>\*</sup>definition taken from Research Excellence Framework 2014



### Definition of 'research'

- But NOT including:
  - Routine internal audit and evaluation
  - Routine testing and analysis of materials, components, processes etc.





# The University's approach

- UREC oversight & monitoring
- Ethical review devolved to departments
- Each department\* has:
  - A pool of ethics reviewers
  - o a Principal Ethics Contact
  - o an Ethics Administrator
  - \* Professional Services/other admin functions are grouped as 1 'department' for ethical review purposes





# The University's approach

- Based on trusting colleagues, balanced with monitoring
- Based on the belief that disciplines know their own fields best
- Based on policy dissemination and staff development





# UREC's key tasks...

- To <u>promote</u> awareness and understanding of research ethics throughout the University
- To <u>advise</u> on any research ethics matters, including interpretation of the Research Ethics Policy
- To monitor the ethics review procedure as administered by departments
- To keep abreast of the external research ethics environment and ensure that the University responds to all external requirements





#### What UREC doesn't do...

- **Ethical review of individual applications** unless:
  - an applicant has appealed
  - the department cannot reach a decision
- Cive advice on ethical issues that are NOT concerned with research involving human participants/data/tissue





# Ethics Review Procedure for Ethics Reviewers and Supervisors













# Ethics approval processes

#### NHS:

If involves users of government health services (& specific other cases)

HRA approval via IRAS website

https://www.hra.nhs.u k/approvalsamendments/

#### **University:**

Appropriate route unless another applies (e.g. NHS)

Online Ethics
Application
System

https://ethics.ris.shef. ac.uk/

Or via MUSE 'My Services' menu

#### **Alternative:**

Approval from other organisation (e.g. overseas)

Contact Anita Kenny to check robust

https://www.sheffield.ac.uk/ rs/ethicsandintegrity/ethicsp olicy/approvalprocedure/alternative



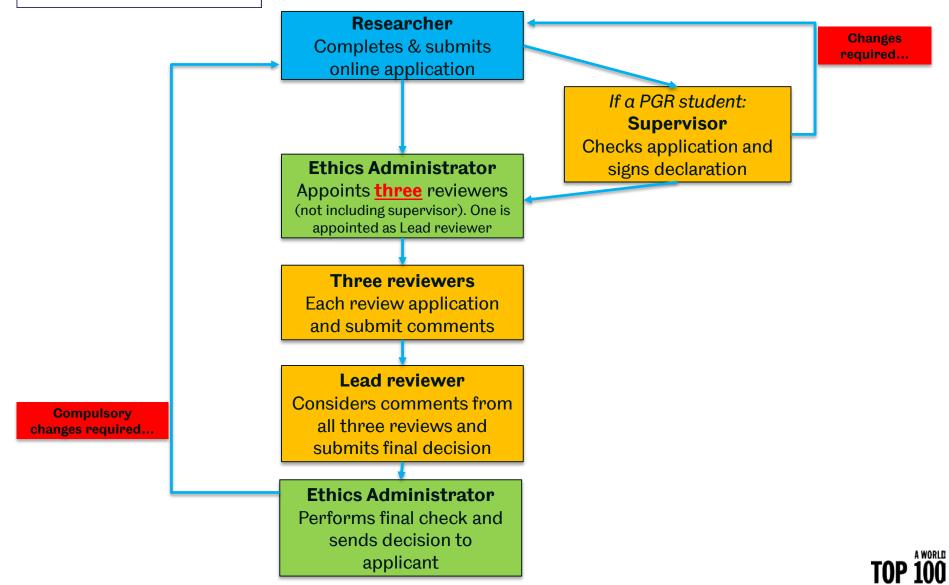
# The University's ethics review procedure







# PGR/staff applications





## Generic/en bloc applications

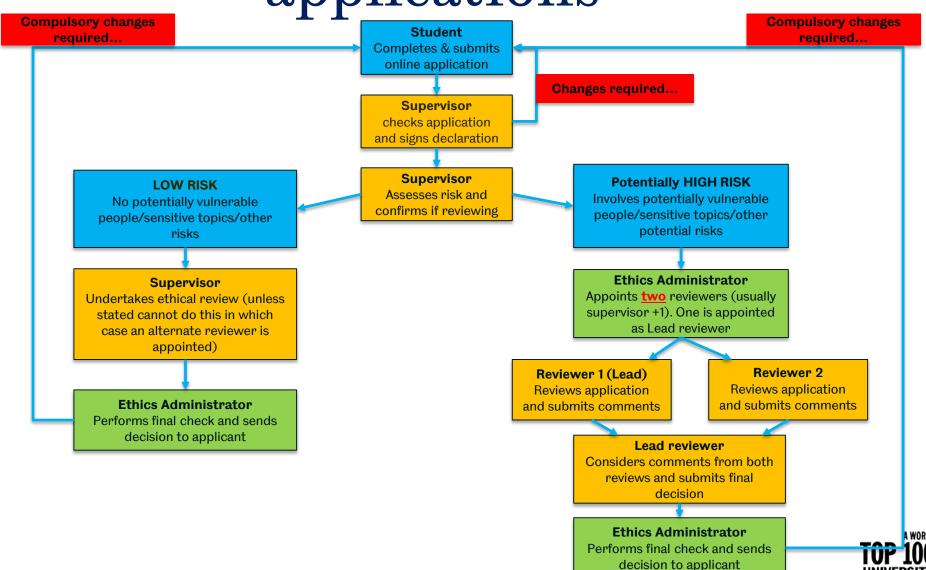
#### Staff member applies for students doing:

- same research exercise
- <u>'sufficiently similar'</u> research projects: <u>https://www.sheffield.ac.uk/rs/ethicsandintegrity/ethicspolicy/approval-procedure/proceduralelements</u>
- Reviewed by 3 independent reviewers
- <u>Approval stands for 5 years</u>: review annually in case of changes.
- Re-submit for approval after 5 years





# UG/PGT student applications





# UG/PGT Process for supervisors:

- Perform Supervisor check
- Ask student to amend if needed
- If happy, sign declaration
- Assess the risk & confirm if you will review
- If low risk do ethical review
- If high risk Ethics Administrator will assign 2 reviewers (you may be one)





# Assessing risk (for supervisors)

#### Potentially vulnerable people...

- People whose competence to exercise informed consent is in doubt
- People who may socially not be in a position to exercise unfettered informed consent
- People whose circumstances may unduly influence their decisions to consent





#### **Potentially** sensitive topics

- 'race' or ethnicity
- trade union membership
- religious, spiritual or other beliefs
- physical or mental health conditions
- sex life, sexuality and/or gender identity
- identity of an individual resulting from processing of genetic or biometric data

- abuse (child, adult)
- nudity and the body
- criminal or illegal activities
- political asylum
- conflict situations
- personal violence
- terrorism or violent extremism
- personal finances
- political opinion





## Making your decision

- Approve
- Approve with suggested amendments
- Compulsory amendments required
- Not approved

\*No decision – refer to Departmental Ethics Panel and then UREC





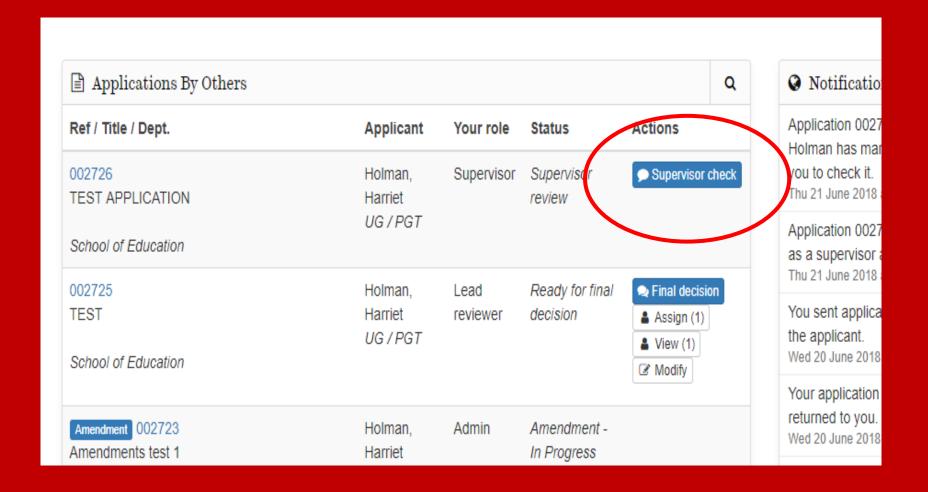
# Research Governance for health and social care research

- Clinical trial of drug/device?
- Involves NHSP
- Involves publicly funded social care services?
- Other health/social care research involving intervention?
   risk assessment question

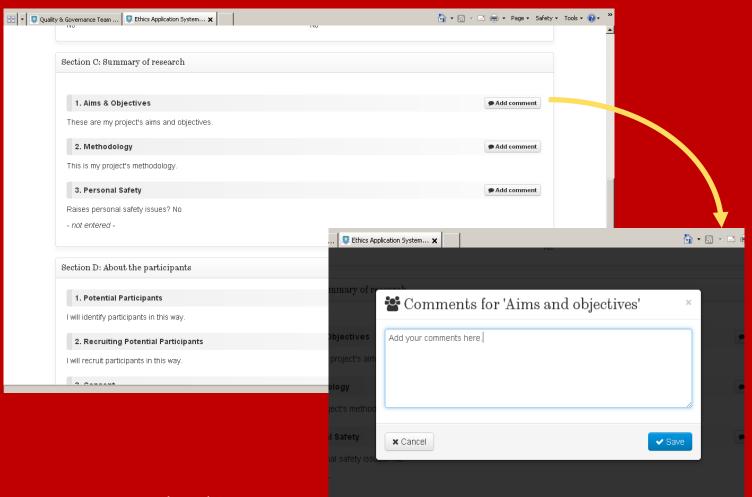
# ...email to Ethics Admin to flag additional governance requirements

https://www.sheffield.ac.uk/rs/ethicsandintegrity/governance





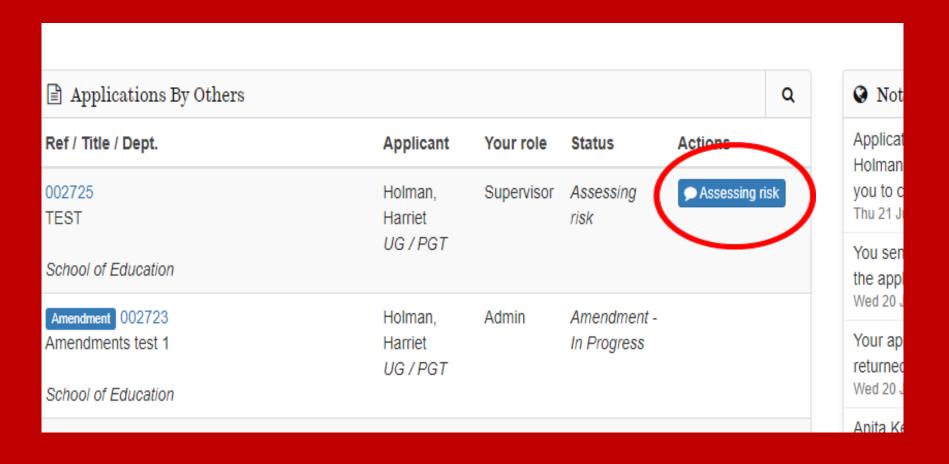
# Supervisor Check



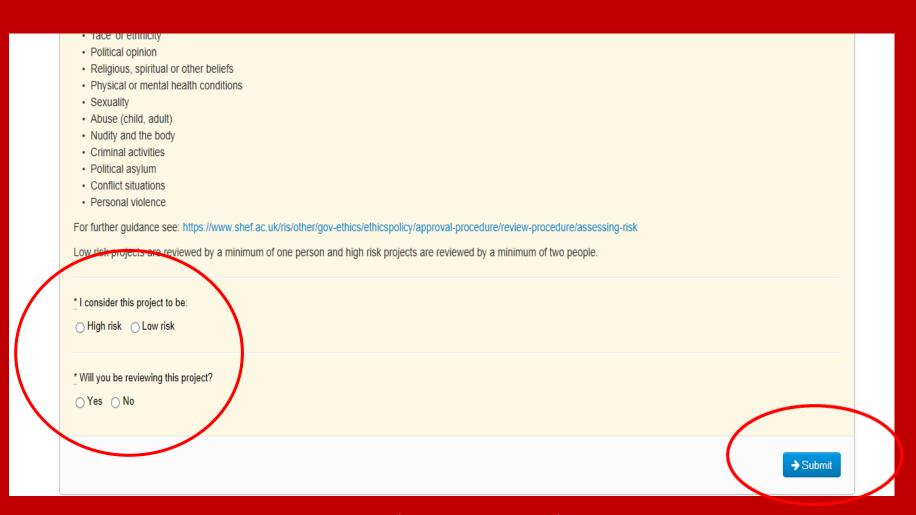
Adding comments

Thu 20 March 2014 at 09:50 ghaughton Supervisor check Changes to application Does the student need to make revisions to the ethics application? Yes 
 No Declaration In signing this supervisor declaration I am confirming that: The research ethics application form is accurate to the best of my knowledge and belief. The project will abide by the University's Research Ethics Policy: https://www.shef.ac.uk/ris/other/gov-ethics/ethicspolicy • The project will abide by the University's Good Research & Innovation Practices Policy: https://www.shef.ac.uk/ris/other/gov-ethics/grippolicy · Subject to the project being ethically approved, I will undertake to ensure that the student adheres to any ethics conditions that may be set. . The student or supervisor will inform the Ethics Administrator of significant changes to the project that might affect the answers to the questions in this form. I am aware of the need for the project to comply with the requirements of the law and relevant quidelines relating to security and confidentiality of personal data, including the need to register when necessary with the appropriate Data Protection Officer (within the University the Data Protection Officer is based in CiCS). I will ensure the student is aware of their responsibilities in this respect. · I understand that the project, including research records and data, may be subject to inspection for audit purposes, if required in future. • I understand that personal data about the student and/or myself on the research ethics application form will be held by those involved in the ethics review procedure (e.g. the Ethics Administrator and/or ethics reviewers) and that this will be managed according to Data Protection Act principles. • I understand that this project cannot be submitted for ethics approval in more than one department, and that if I wish to appeal against the decision made, this must be done through the original department. Signature Enter your name here and click 'Submit' ... → Next © 2014 epiGenesys

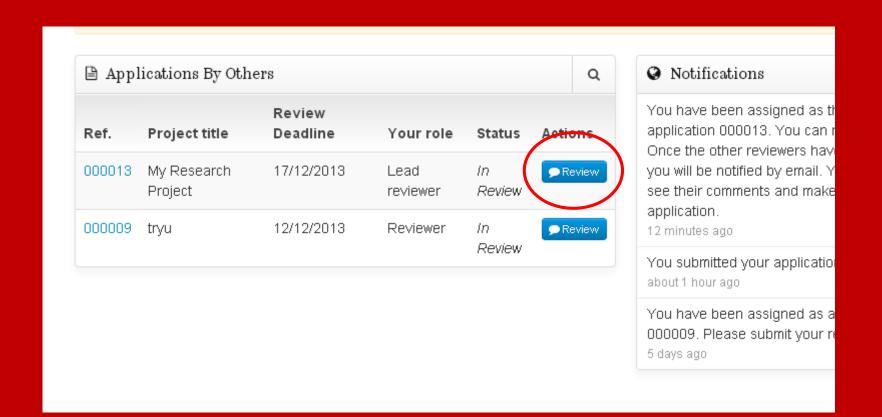
# Signing the declaration



# Assessing the risk

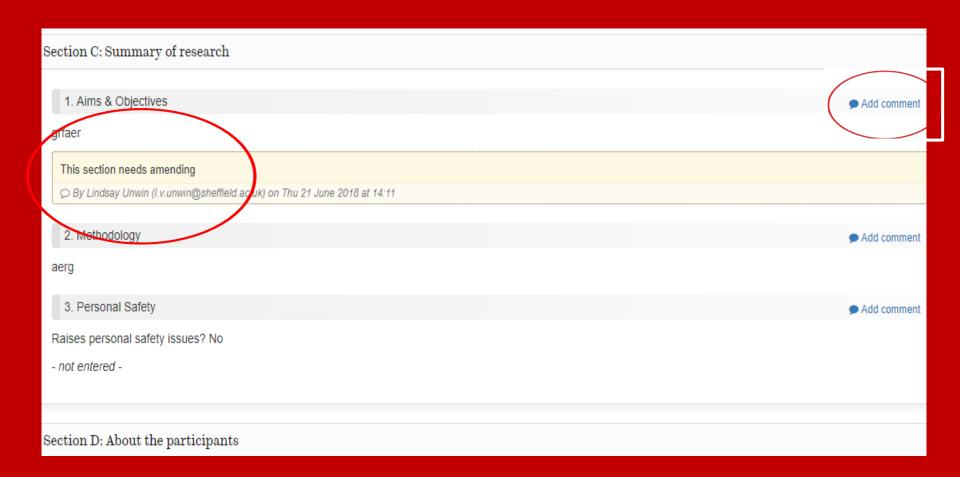


# Assessing the risk



# Reviewing an application

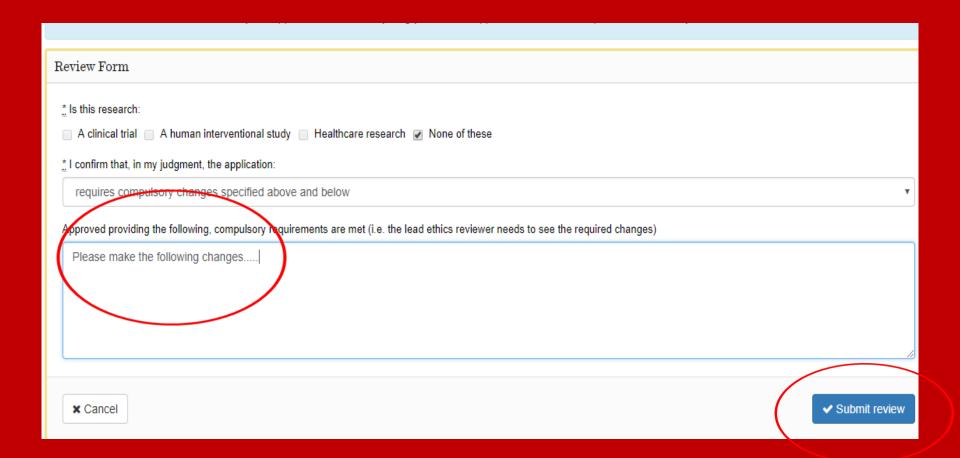
('Final decision' if low risk UG/PGT)



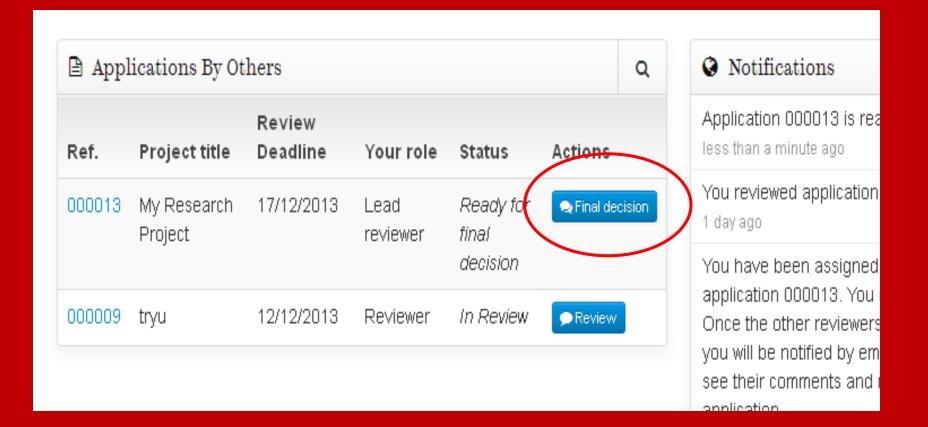
# Adding comments

Review Form
** Is this research:  A clinical trial A human interventional study Healthcare research None of these  Do you consider this research to be:  High risk Medium risk Low risk  ** I confirm that, in my judgment, the application:
should be approved should be approved with suggested amendments specified above and below requires compulsory changes specified above and below not approved for the reasons specified above and below

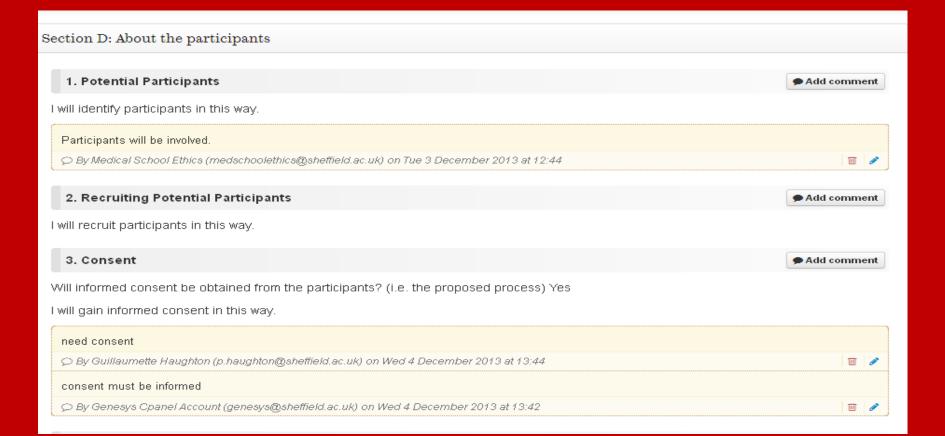
# Making your decision



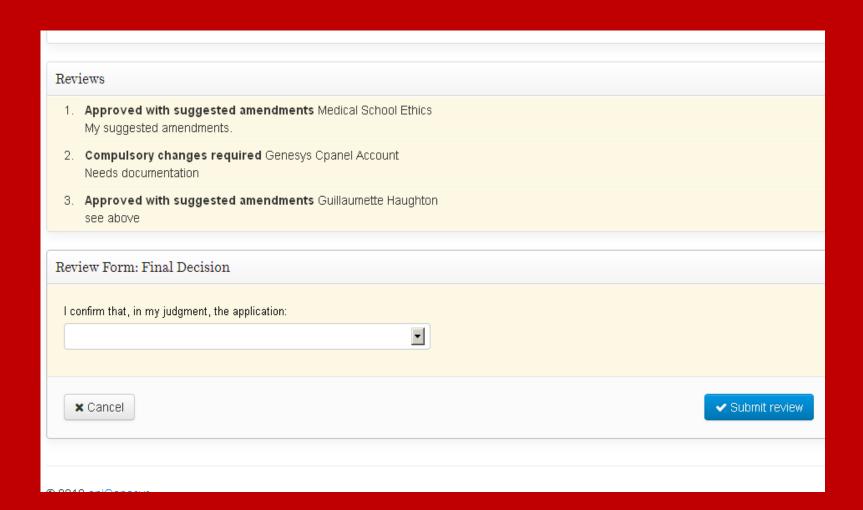
# Amendments required



## Lead reviewer



## Comments



## Final decision



# **Ethical Considerations**







# Fundamental principles

- Participant rights:
  - informed consent
  - safety/wellbeing

- confidentiality
- security
  (data/samples)

- Researcher obligations:
  - honesty
  - integrity









#### Informed consent

- Provide sufficient information to enable decision
- Free and voluntary consent no coercion
- Informed consent should be gained using language and actions appropriate to those taking part in the study
- Written consent is the gold standard
- Witnessed oral consent may be appropriate
- Participants must have the right to refuse to participate and be fully informed regarding withdrawal from the project

<sup>\*</sup>Policy Note no.2: <a href="https://www.sheffield.ac.uk/polopoly\_fs/1.112749!/file/Research-Ethics-Policy-Note-2.pdf">https://www.sheffield.ac.uk/polopoly\_fs/1.112749!/file/Research-Ethics-Policy-Note-2.pdf</a>





# Safety and Wellbeing

- Consider the potential for harm, distress or inconvenience
- Discuss potential risks with participants
- Take steps to manage and where possible minimise risks
- Provide contact details & procedures for addressing any concerns which may arise
- Researcher safety and well being should also be considered

https://www.sheffield.ac.uk/polopoly\_fs/1.112751!/file/Research-Ethics-Policy-Note-3.pdf

<sup>\*</sup>Policy Note no.3:



# Anonymity, confidentiality and data protection

- Use of 'identifiable personal data' must comply with relevant legislation (GDPR, DPA 2018)
- Define the 'Data Controller' & the legal basis for processing & how to raise concerns
- Only collect data <u>required</u> for the research
- Anonymise or pseudonymise data where possible
- Do not disclose participant identities without consent
- Data security measures e.g. store data on the University server





### To summarise...

- Consider each project on a <u>case by case</u> basis but there are key principles:
- Ethical review is about <u>heightening risk awareness</u>
   not preventing 'high risk' research;
- Ethical review is about encouraging researchers to think through potential ethical challenges;
- Research involving participants is <u>not an exact</u> science nor is the ethics review process;

# Put yourself in the participant's shoes....







#### **Further Information**

www.sheffield.ac.uk/ethics

https://sites.google.com/a/sheffield.ac.uk/gdpr/

https://www.sheffield.ac.uk/rs/ethicsandintegrity/ethicspol icy/approval-procedure

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# To Discover And Understand.

