# **UNIVERSITY OF SHEFFIELD DClin Psy**

## SUPERVISORS' INFORMATION PACK

## INTRODUCTION

Welcome to the University of Sheffield Clinical Psychology Training Programme. This information pack is designed as a reference text for issues associated with placements and supervision. It has been compiled by the clinical tutors from the University of Sheffield in conjunction with the Clinical Practice Sub-Committee of the Sheffield Programme Training Committee. We welcome ideas for its development and updating. If you would prefer your own paper version of this information, please contact the Placement Administrator as below. Other information regarding the Programme is contained within the Programme Handbooks, Teaching Handbook and Programme Curriculum and Assessment Regulations Handbook, which may be obtained from the University.

Contact:	Liza Monaghan or Sue Walsh,	(0114) 222 6638 / 6567
	Joint Directors of Clinical Practice	
Or	Rachel Hill, Placement Administrator	(0114) 222 6573
Or	Sarah Radgick, Programme Administrator	(0114) 222 6649

#### **Historical Background**

The Trent Regional Training Scheme in Clinical Psychology, came into being in 1982, in partnership with Leicester University. At the time, it was one of the first three-year MSc courses. In the early years, the intake was around four trainees a year, sometimes funded by Districts, sometimes by the Regional Health Authority (RHA). From 1987, it was agreed that the RHA would fund an intake of 12 trainees a year, with Districts or Rampton Hospital funding an additional two or three places. The second course centre in the former Trent region, based at the University of Sheffield, accepted its first intake in October 1991, with an annual intake of six Regionally-funded trainees, the number increasing to eight in 1994, 12 in 1996, then 16 in 2000, then 20 in 2001. Eighteen places are currently commissioned at Sheffield. In addition to the 2015 intake, we are offering a limited number of non-commissioned places to International (non-EU) applicants. The third (Trent) course commenced in 2005 with an initial intake of eight and is based at the Universities of Nottingham and Lincoln.

#### **The Current Programme**

The Programme was set up to meet both national and local demands for clinical psychologists. It is a three-year doctoral programme organised by the University of Sheffield, in collaboration with local Psychology Services, and commissioned by NHS Health Education Yorkshire and the Humber (HEYH). The Programme received the first full on-site visit from the BPS in June 1994. Full accreditation has been awarded to the programme on each visit since then for the maximum possible (i.e. 5-year) period. The Programme is now registered with the Health and Care Professions Council (HCPC). In May 2012, HCPC and the BPS visited the Programme, following which the Programme was given full approval and accreditation. Therefore, successful completion of the Programme means that trainees are eligible to apply for registration with HCPC and chartered status with the BPS. The Programme was also subject to Major Review by the Quality Assurance Agency (QAA) in 2005, receiving the highest possible evaluation.

The orientation of the Programme is specifically to promote the unique contribution which psychology can make to the delivery of health care. The Programme actively encourages trainees to employ psychological theories and formulations to inform the content of their clinical work.

Similarly, the design of the curriculum and academic programme reflects the clinical and service context in which clinical psychologists work. The Programme strives to integrate theory with practice and places importance on conducting and utilising applied research.

The core purpose of the Programme is to train high quality future practitioner clinical psychologists who are able to meet and influence the future client and organisational needs of the National Health Service underpinned by innovative approaches to applied clinical and psychological services research. We encourage the study of a broad range of evidence-based approaches. Particular emphasis will be placed upon developments concerned with organisational skills and service evaluation, and the needs of priority groups within health and social services and the development of team working and clinical leadership.

The Programme is based within the Department of Psychology, which has an excellent research record (RAE: Grade 5A) and outstanding facilities for research and teaching. Placements are made available principally within the following locations; Barnsley, Doncaster, North Derbyshire, Rotherham and Sheffield. Trainees are expected to travel as required to placements, some of which may involve significant commuting time. Contacts with trainees from the University of Leicester and Trent (Universities of Nottingham and Lincoln) and from the University of Hull and Leeds Doctor of Clinical Psychology programmes are encouraged.

Where appropriate, the programme centres are committed to co-ordinating activities and this is the case for those that relate to supervisors and placements. The information in this pack applies to the University of Sheffield Programme but there are still many common practices at the programme centres.

Supervisors are a fundamental resource and stakeholders in the training process. We hope this pack helps you in carrying out the role of supervisor. If you have queries that cannot be answered through reference to the various sections, please feel free to contact the clinical tutors:

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Jo Burrell		
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Paddy Howes		
Sara Dennis		
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Or administrators:

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