

Mesothelioma and Palliative Care

Designed by Nifty Fox Creative, 2022

In the U.K, around

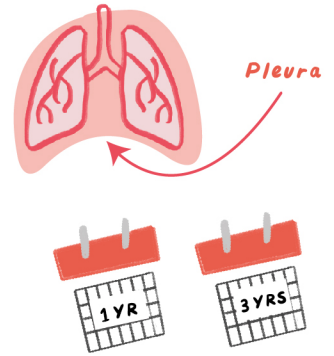
2,500

people are diagnosed with **MESOTHELIOMA** each year

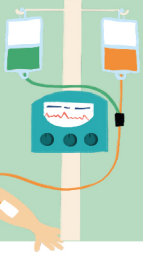


Mesothelioma is a form of **cancer which affects the pleura, the abdomen and rarely the heart and testicles**, mainly caused by asbestos exposure.

Prognosis is poor, with **1 and 3 year survival rates** around **40% and 10% respectively**. As mesothelioma is an industrial disease all deaths must be referred to the coroner.



As a result, palliative care is important to discuss with mesothelioma patients early, to help them live as well as possible, for as long as possible. Patients can still receive active treatment too.



Plans should be made early.

Should patients experience a sudden deterioration, they will benefit from having a palliative care plan in place.



Mesothelioma Clinical Nurse specialists

have expertise in palliative care and can help you support patients in making plans.

Delivering Palliative Care

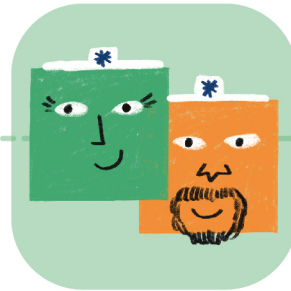
Everyone has a role to play in providing effective palliative care to mesothelioma patients.



Generalist palliative care is provided by **GPs & District nurses**



Hospital consultants have some input into generalist palliative care



Mesothelioma CNSs or the Lung Cancer Team provide generalist and some specialist palliative care, and mesothelioma specific advice



Advice and support for more complex needs are available from **specialist palliative care teams**

Further information and resources

Mesothelioma is a rare form of cancer - so don't be afraid to ask for help! To ask questions and find out more, speak to your local mesothelioma clinical nurse specialists or lung cancer team or visit:



Mesothelioma UK
mesothelioma.uk.com



Mesothelioma UK support line
0800 169 2409



Mesothelioma for professionals
mesothelioma.uk.com/for-healthcare-professionals/

This infographic was based on research from The University of Sheffield funded by Mesothelioma UK. Find out more here >>>



 **MESOTHELIOMA UK**

 The University of Sheffield.