Volunteering

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Workshop Participants: Approximately 15

Summary

Volunteering can be mutually beneficial. Looking at what is preventing people from volunteering and the key factors that would enable them to volunteer.

Barriers identified:

- Students Younger students have a tendency to need "babysitting" so induction is costly. PhD students can be more interested in getting a paper than meeting Charity needs
- University lacks an entry point need a brokering service like CUPP at Brighton

	Workshop 1	Workshop 2	Flipchart
The REGION and the City	 We need a central brokering service to match (VAS?) University needs a coordinated approach – similar to CUPP (Brighton) An online database which groups could browse for assets Awareness raising needed amongst charities Think beyond work skills (Busman's holiday) Charities need to be more creative about how volunteers can be used Message about staff wellbeing – benefit to organisation Universal credit (opportunities/needs opening up) We need whole city region approach in big organisations 	 Better communication about benefits of volunteering (for individual and charity) – Wellbeing and rooting people in community A university policy and process on allowing and supporting staff to volunteer A mechanism to connect volunteers and charities so that the fit is good Online database where staff can offer services to charities Charities need to be more explicit about their needs Brokerage service between University and VCF (CF pilot light) There are psychological/cultural barriers which get in the way – we need to be better at communicating across sectors We need a single point of access to university Better knowledge about sectors Charities need to learn from volunteers and vice versa 	 Charities have access to data about social change Knowing what charities want and what people are offering Online resource/database where people can offer Knowledge exchange Specialist skills – understanding local community What's stopping me? Not knowing where to start Not knowing what would be useful Feeling that I can contribute What would make a charity an attractive place to go to? What actions can the University take? Employer engagement/sign posting incentive – part of personal development – time Time to fit around full time job – more evening roles Cost – travel/food

Why.do	Connect to area / community they live in	 More mentoring for volunteers, 'Just left to it in old voluntary capacity Interagency partnerships Knowledge, perspectives, experiences, specialisms, professionalism To understand what goes on – on the ground For voluntary organisations to see this matter – as an anchor institution Time – regular commitment a challenge but blocks/intermittent etc. The right opportunity – fit with my experience, level of engagement (on the ground/organisation management etc.) Pay the Penny Back 	
Why do people	 Connect to area / community they live in Making a difference – altruism 		
volunteer?	Learning and understanding		
	 Applying skills in different format 		
	Doing something different from the day job		
	Personal development Sharing skills and knowledge		
	Sharing skills and knowledgeGives long lasting sense of well being		
What kind	Several charities need people for Board of Trustees – need a good		
of things	skills mix on the Boards		
would you	 Help with financial management and leadership 		
want help	Technical Support – building databases etc.		
with?	 Lots of demand could arise from the introduction of universal credit in Sheffield 		
Key	Brokerage role through VAS to match volunteers with charities and employers.		
changers	Good to have a single point of access to the University:		
or enablers	Several people thought an online database would be good where charities / employers can		
	post what they need help with and volunteers can advertise what they offer		
	 University needs to have a defined policy about staff volunteering Volunteering is good for an individual's wellbeing – look at through Green Impact scheme 		
	Charities need to think outside the box about how volunteers can help them		
	 Lots of skills in university that can be put to good use, but bear in mind that people sometimes 		
	want to do something entirely different from day job		

- Need to change mind-sets need to lobby bosses and convince them of benefits of volunteering want a whole city region approach to volunteering
- Look at the Cupp scheme already set up at university of Brighton
- Need flexibility on both sides from volunteer and charity charities need to define role clearly
- University to keep sending message out to staff that it supports them doing volunteering work
 could do through SRDs, brokerage system, pilot light?
- Self-awareness, humility from volunteers not to be patronising (training for volunteers?)
- Volunteers can feel that they are entering a different world, can feel a cultural barrier, and can feel a certain expectation when they work at the university. The fear of failure is not helpful especially when they're out of their comfort zone