Travel Directions to SITraN

Sheffield Institute of Translational Neuroscience
University of Sheffield
385a Glossop Road
Sheffield
United Kingdom, S10 2HQ

SITraN shares an entrance with Loch Fyne restaurant.

By train or coach

By train

Sheffield is at the heart of the railway network. Regular services operate between Sheffield and London St. Pancras (from just over 2 hours), Birmingham (1.25 hours), Leeds (1 hour) Manchester (1 hour) and Nottingham (1 hour).

There is a direct link from the railway station to the Sheffield Station Supertram stop via the main overbridge.

East Midland Trains operate the rail service between Sheffield and London

Megatrain low-cost train tickets

The National Rail Enquiries website covers the whole of the UK

The South Yorkshire PTE site carries details of local rail services

By coach

National Express operates a comprehensive coach service to most parts of the country from Sheffield Transport Interchange, Pond Street. The fastest service to London takes about 3.5 hours.

The 40 bus runs from the Transport Interchange, and there are Supertram links via the railway station (platform 6b) and Commercial Street.

National Express coaches

Megabus low-cost coach tickets

By car

Parking on campus is limited, so if you plan to drive to the University please arrange parking with your hosts in advance. This helps us ensure you find a convenient location.

We recommend that, unless you know the city well, when travelling from the north, east and south you should approach Sheffield by the M1 (and M18 if necessary). From the west, use the M60 and A628 Woodhead Pass, following the signs for Sheffield.

Please note that in late 2007 the road system in Sheffield was redeveloped. Make sure that you have downloaded the latest map updates for your satellite navigation system before you travel.
If in doubt, follow the road signs labelled 'University of Sheffield'.

**Park and Ride**

You may find that Park and Ride is the most convenient way to get to the University if you are arriving in Sheffield by car. The University is well served by trams connected to park and ride facilities at the Meadowhall Interchange and Nunnery Square (off the A630/A57/A61 Parkway).

More information on Park and Ride

**From the south and east (via M1 and M18, Sheffield Parkway)**

Approach Sheffield on the M1 and leave the motorway at junction 33, following the city centre signs along the dual carriageway A630/A57/A61 Parkway.

Shortly after entering the 40mph zone, turn right onto the Ring Road at junction 1 - Cutler's Gate. Continue along the Ring Road following signs for 'University of Sheffield', 'Barnsley A61' and later 'Glossop A57', through junctions 10, 9, 8 and 7. At junction 7 - Shalesmoor - turn left and continue uphill along the Ring Road, still following signs for 'University of Sheffield' and 'Glossop A57'.

Continue along Netherthorpe Road to the next roundabout - junction 6 - University Square. Take the first exit for departments in the Broad Lane and Mappin Street areas, and the third exit for the main Western Bank part of the campus.

**From the north (via M1 and A61)**

Leave the M1 at junction 36 - signed 'Sheffield (North) A61'. At the roundabout take the third exit and follow signs for 'Sheffield (North) A61' and later 'City Centre A61' for 9 miles, passing through Grenoside and Hillsborough.

At the Ring Road roundabout - junction 7 Shalesmoor - turn right onto the Ring Road following signs for 'University of Sheffield' and 'Glossop A57'. Continue uphill along Netherthorpe Road to the next roundabout - junction 6 University Square.

Take the first exit for departments in the Broad Lane and Mappin Street areas, and the third exit for the Western Bank campus.

**From the west and Manchester (via M60, M67, A628 Woodhead Pass, A616 and A61)**

Leave the M60 (east) at junction 24 - signed 'Sheffield'. Continue following the 'Sheffield' signs along the M67 and the A628 Woodhead Pass.

Join the A616 and follow signs for 'M1' and 'Sheffield A616' for 10 miles. At the roundabout, follow signs for 'Sheffield (North) A61' and later 'City Centre A61' for seven miles, passing through Grenoside and Hillsborough. At the Ring Road roundabout - junction 7 Shalesmoor - turn right onto the Ring Road, following signs for 'University of Sheffield' and 'Glossop A57'.

Continue along Netherthorpe Road to the next roundabout - junction 6 - University Square.

Take the first exit for departments in the Broad Lane and Mappin Street areas, and the third exit for the main Western Bank part of the campus.