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University
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Changing Families, Changing Food



The Leverhulme Trust

Overview:

'*Changing Families, Changing Food*' is a major inter-disciplinary research programme, funded by The Leverhulme Trust. The Programme began in October 2005 and will run for just over three years.

It is organised into three research strands on: pregnancy and motherhood; childhood and family life; and family and community. Focusing on contemporary Britain, the Programme also includes some international comparisons and a 'time-line' to establish the quantitative and qualitative nature of social changes affecting families and food over the last century.

The Programme is coordinated by Peter Jackson (Director of Research for the Social Sciences at Sheffield University) and is based in ICSS (the University's new social science facility). The Programme involves colleagues from Clinical Sciences, East Asian Studies, Geography, Nursing and Midwifery, the School for Health and Related Research and Sociological Studies at Sheffield in collaboration with colleagues in Health and Social Care at Royal Holloway, University of London.

The research takes food as the lens through which to observe recent changes in family life and examines how changes in family form have affected patterns of food consumption. The Programme's findings are expected to contribute to current debates about obesity and nutrition, media and consumption, food choice and deprivation.

Working in
association with:



Programme Structure:

The research programme is organised into 3 main strands, with timeline and international comparisons running alongside and cutting through these themes. The projects within each strand have a similar focus: 'Pregnancy and Motherhood', 'Childhood and Family Life' and 'Family and Community'. The structure is designed to stimulate discussion and transfer of data between these projects, which in turn should allow knowledge transfer throughout the programme.

