



www.rds-yh.nihr.ac.uk

The NIHR Research Design Service
for Yorkshire & the Humber

'TAKE FIVE' - March 2012

Join our **email alert list** to receive our newsletter, 'Take Five' (monthly funding update) and information about events and other RDS activities - www.rds-yh.nihr.ac.uk

Welcome to the March 2012 edition of 'Take Five', from the Yorkshire and Humber RDS, a regular email update, groaning with events, research funding and the latest health news, and websites in neat little sets of five. Please do feel free to forward this update to colleagues in your workplace.

Upcoming Events

For more details about events run by the RDS for the Yorkshire and the Humber and information about how to book a place on one of these courses please see our website: <http://www.rds-yh.nihr.ac.uk/learning-events.aspx>

We are currently developing a number of their Learning Events as online resources, please see: <http://www.rds-yh.nihr.ac.uk/learning-events/podcasts.aspx>

We also have videos of a number of past RDS events, please see: <http://www.rds-yh.nihr.ac.uk/learning-events/video-resources.aspx>

Current Awareness

1. [Hospital doctors told to rethink weekend working](#)

Hospital consultants should consider working weekends to cut the spike in deaths, a doctors' leader says. Dr Mark Porter, the British Medical Association's consultants chairman, said the mounting evidence about the problem meant it was time for doctors to put themselves forward if needed. He said it would not be necessary for every speciality or hospital, but it needed to be looked at case-by-case. There is a wealth of research into higher mortality rates at weekends. <http://www.bbc.co.uk/news/health-17305022>

2. [NHS Risk Register: Ministers lose Freedom of Information Appeal](#)

Ministers have been ordered to publish a risk assessment of the NHS shake-up under Freedom of Information laws. The Department of Health had appealed against an FOI ruling that the transition risk register, requested by Labour MP John Healey, be published. But it lost, despite civil servants' warnings that to publish confidential advice could have a "chilling effect". <http://www.bbc.co.uk/news/uk-politics-17312611>

3. [LSD helps alcoholics to give up drinking](#)

One dose of the hallucinogenic drug LSD could help alcoholics give up drinking, according to an analysis of studies performed in the 1960s. A study, presented in the [Journal of Psychopharmacology](#), looked at data

from six trials and more than 500 patients. It said there was a "significant beneficial effect" on alcohol abuse, which lasted several months after the drug was taken. <http://www.bbc.co.uk/news/health-17297714>

4. **Simple measures cut 'NHS missed appointments'**

Measures as simple as getting patients to write down the time of their doctor's appointment themselves can cut non-attendance rates, a study suggests. Patients who fail to attend NHS appointments cost the NHS about £700m a year, with up to six million appointment slots wasted annually. But the Journal of the Royal Society of Medicine research found practices could cut this by almost a third.

<http://www.bbc.co.uk/news/health-17298612>

5. **Alzheimer's patients 'should stay on drugs for longer'**

Thousands of patients with advanced Alzheimer's disease could benefit from drugs, research suggests. A study in the the [New England Journal of Medicine](#) found that patients who stayed on the dementia drug Aricept had a slower decline in their memory. The drug tends not to be prescribed once sufferers progress beyond moderate symptoms. Medicines regulator NICE said its guidelines supported continuing treatment where there were benefits. <http://www.bbc.co.uk/news/health-17275807>

Funding Opportunities (Projects and Programmes)

1. [British Heart Foundation Programme Grants](#)

Award may include: Staff (e.g. technician, research assistant, postdoctoral salaries) (N.B. excluding PhD studentships); Research consumables, directly attributable to the project; Research equipment essential for the project.

Amount of funding available: > £100K

Closing date: 25 December 2012

Duration: > 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=57>

2. [Cancer Research UK Population Research Committee Programme Grant](#)

No set value. Funding decisions are made on the basis of scientific merit. Funding is normally provided for up to 60 months.

Amount of funding available: unspecified

Closing date: 22 June 2012

Duration: > 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=13976>

3. [National Eye Research Centre Project Grant](#)

Applications will be considered in open competition for both PhD Studentships and Project Grants up to £60,000 over 3 years. Awards will be subject to peer review and the availability of funds.

Amount of funding available: £50K - £100K

Closing date: 15 January 2013

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=222>

4. [Kids Kidney Research Research Grants](#)

The maximum research project grant available is £100k. The grant should be spread over a two or three year period, unless agreed otherwise.

Amount of funding available: £50K - £100K

Closing date: 31 December 2012

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=772>

5. [National Institute for Health Research Evaluation, Trials and Studies Coordinating Centre \(NETSCC\) HTA Programme](#)

The amount of funding available is unspecified.

Closing date: 01 October 2012

Duration: unspecified

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=7786>

Funding Opportunities (Fellowships)

1. [Arthritis Research UK](#)

[Clinician Scientist Fellowships](#)

Fellows will be paid on the Clinical Lecturer Scale with the first year's salary reflecting their current specialist registrar or equivalent salary. The salary will rise annually in line with the Clinical Lecturer Scale which will continue to apply even if the applicant obtains their CCST during the course of the fellowship.

Amount of funding available: unspecified

Closing date: 10 December 2012

Duration: > 3 year

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=1354>

2. [Leukaemia & Lymphoma Research](#)

[Bennett Non-Clinical Senior Fellowship](#)

Amount of funding available: unspecified

Closing date: 01 December 2012

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=15262>

3. [Diabetes UK](#)

[Clinical Training Fellowships](#)

The fellowship is for a period of up to three years and the salary will be paid at appropriate registrar scales.

Applicants may also apply for justifiable research costs up to a total of £10,000 per year.

Amount of funding available: > £100K

Closing date: 01 November 2012

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=2057>

4. [Arthritis Research UK](#)

[Senior Research Fellowship](#)

Salaries will be according to age and experience on the appropriate scientific or clinical salary scale.

Application may also be made for a supporting technician, running costs and essential equipment.

Amount of funding available: unspecified

Closing date: 10 October 2012

Duration: > 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=9>

5. [Leverhulme Trust](#)

[Major Research Fellowships in the Humanities and Social Sciences](#)

The Fellowships fund the salary costs (normally starting at the most junior point of the lecturer scale at the institution concerned) of a full-time individual to undertake the normal duties of the applicant for the duration of the Fellowship. A Major Research Fellow may be awarded research expenses up to an annual maximum of £5,000.

Amount of funding available: > £100K

Closing date: 10 May 2012

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=11246>

Funding Opportunities (Studentships)

1. [British Society for Antimicrobial Chemotherapy](#)

Sheffield

rds-yh@sheffield.ac.uk

0114 222 0828

Leeds

rds-yh@leeds.ac.uk

0113 343 1477

York

rds-yh@york.ac.uk

01904 321 726

[PhD Studentship Scheme](#)

Funding permitting, one award will be made alternate years.

Amount of funding available: unspecified

Closing date: 01 November 2012

Duration: Single Payment

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=14291>

2. [Alzheimer's Society](#)

[PhD Studentships](#)

Amount of funding available: £10K - £50K

Closing date: 27 July 2012

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=8392>

3. [Motor Neurone Disease Association](#)

[PhD Studentship Award](#)

The Association will provide a student stipend of £15,000 for the first year (£16,000 in London), which will be increased in £500 increments for each of the following two years. The Association will also provide £7,500 per annum for laboratory expenses and a total budget of £1,000, over three years, for conference attendance.

The Association will cover relevant tuition/bench fees for UK students.

Amount of funding available: unspecified

Closing date: 04 May 2012

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=1173>

4. [Ataxia -Telangiectasia Society](#)

[Postgraduate Studentships](#)

Amount of funding available: unspecified

Closing date: Apply Anytime

Duration: unspecified

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=2893>

5. [British Heart Foundation](#)

[Non-Clinical PhD Studentships](#)

Award may include: Student stipend at current BHF rates; Tuition fees at standard home student rate (set by the research institution); Research consumables, directly attributable to the project, usually less than £10,000 per year.

Amount of funding available: unspecified

Closing date: Apply Anytime

Duration: 1 year - 3 years

<http://rdfunding.org.uk/queries/ListGrantDetails.asp?GrantID=7446>

Health Websites/Gateways/portals

Sadly Intute is no longer updating its list of new health websites, so for the time being we will be using HON (Health on the Net) Code. HON review new sites to determine if they meet the HON code and then evaluates them on a regular basis to ensure that they continue to.

http://www.hon.ch/HONcode/Pro/LatestActivity/recentSites_reeval_United_Kingdom.html

http://www.hon.ch/HONcode/Patients/LatestActivity/recentSites_USA.html

1. [Coccydynia](#)

Coccyx (tailbone) pain is often caused by a fall or childbirth. This site describes diagnosis, treatment and ways to cope. <http://www.coccyx.org/>

2. [Healthcommunities.com](#)

This web site provides comprehensive and trustworthy medical information. It is developed and monitored by board-certified physicians.

www.healthcommunities.com/

Sheffield

rds-yh@sheffield.ac.uk

0114 222 0828

Leeds

rds-yh@leeds.ac.uk

0113 343 1477

York

rds-yh@york.ac.uk

01904 321 726

3. [Mental Health Net](#)
The Mental Health Net website exists to promote online mental health and wellness education, research, and advocacy. www.mentalhelp.net/
4. [Social Anxiety Support](#)
An online support group provides interactive discussion forums and special programs such as CBT to help those who suffer from social anxiety disorder (Social Phobia).
www.socialanxiety.com/
5. [101Dentist.com](#)
101Dentist.com provides online resources to both professional dentists and people seeking dentistry help.
www.101Dentist.com/

And finally...the Metro reports...

“Gorilla and rabbit become best friends at Pennsylvania zoo”

A lonely gorilla has become best mates with a Dutch rabbit called Panda following the death of her long-term male partner Rudy.

Read more: <http://www.metro.co.uk/weird/892893-gorilla-and-rabbit-become-best-friends-at-pennsylvania-zoo#ixzz1ozdRBDzC>

www.rds-yh.nihr.ac.uk

The NIHR Research Design Service
for Yorkshire & the Humber

The National Institute of Health Research (NIHR) Research Design Service for Yorkshire & the Humber (RDS YH) supports researchers to develop and design high quality research proposals for submission to the NIHR and other national, peer-reviewed funding competitions for applied health or social care research. This support is provided free of charge.

If you need [support or specialist advice](#) to turn your ideas into research proposals, or to further develop your existing proposals, then please explore our site to see what we can offer.

Face-to-face advice is available for local researchers, supported by telephone and email. Just complete the online 'Request for Advice and Support' form on the [Advice and Support](#) page of our website and we will be in touch to arrange an appointment.

[Request for RDS Advice and Support - Bespoke Advice](#)

Please contact us if you would like more information at rds-yh@sheffield.ac.uk or telephone our general enquires number on 0114 222 0828 - we look forward to hearing from you.

Sheffield
rds-yh@sheffield.ac.uk
0114 222 0828

Leeds
rds-yh@leeds.ac.uk
0113 343 1477

York
rds-yh@york.ac.uk
01904 321 726