SUPERVISOR TRAINING

Introductory Supervisor Training Programme (ISW)
For Supervisors of Clinical Psychology Trainees

The Introductory Supervisor Programme is jointly delivered by the Sheffield, Leeds and Hull clinical psychology training programmes. The teaching is planned jointly, two of the four days of teaching are shared, and the assessment procedures are agreed across the three programme. These processes mean that the Programme is designed to meet the requirements for BPS Supervisor Training and Recognition (STAR) accreditation. Details of the latest event can be found on the Clinical Psychology website http://www.sheffield.ac.uk/clinicalpsychology/supervisors/workshops.

About BPS STAR:
Supervisor Training and Recognition (STAR) has been developing over a number of years. In 2009 it was adopted formally by the British Psychological Society (BPS) and implemented as an accreditation structure for all applied psychology supervision. Supervisors may apply for registration on the BPS Register of Applied Psychology Practice Supervisors by providing evidence of training in an agreed set of supervision skills. The BPS will make a charge for each individual person achieving accreditation through an accredited programme. For further information see http://www.bps.org.uk/professional-development/directory-of-supervisors/.

A set of Learning Objectives have been developed and agreed, against which initial supervisor training is to be evaluated under the STAR process, and it is the basis on which the current of supervisor training has been built.

WHO?
This programme is suitable for qualified clinical psychologists. It is also suitable for applied psychologists who offer placements to trainee clinical psychologists. Other healthcare professionals who are involved in supervising trainees may also be eligible. Participants need not have experience of supervising a trainee clinical psychologist, nor be working with a trainee currently; however, all will have had some experience of being a supervisor. Experienced supervisors are also welcome to attend.

WHAT?
This programme consists of a series of four study days. All four days must be attended to be eligible for accreditation by the BPS through STAR.

It is expected that, as an integral part of the programme, participants will meet in peer groups between some of the study days. Participation in the peer supervision groups is planned to facilitate learning consistent with a developmental model of adult learning.

EVALUATION?
This training programme has been designed for individual participants to achieve all of the objectives set by STAR as an integral part of the training. A full list of the learning objectives will be provided on Day 1 of the training.
The way in which each participant will be assessed against the learning objectives will be through a Portfolio. Most of the work for the Portfolio is an integral part of the four training days. The Portfolio is likely to contain the following elements:

- Before and after self-assessments of supervisory competence against STAR learning outcomes using the Hull questionnaire
- 3 individually designed goal attainment scales completed by workshop 2 and reviewed by workshop 4
- A reflective log containing 3 x 500 word personal accounts
- A copy of the contract agreed by the participant’s peer supervision group with a brief evaluation using the good practice guidelines provided
- Structured feedback received from someone the participant has supervised during the course of the programme
- The presentation from a Problem-Based Learning exercise that will be incorporated into the workshops and work done in the peer supervision groups

Participants will be asked to submit their Portfolio containing these assignments one month after the completion of Day 4.

WHEN and WHERE?

2014 dates for the training programme are due to be set. In the past, the first two days have been a joint residential event with the opportunity to meet with colleagues from across the Region. This is likely to be in February or March 2014. The following two days will be local events with smaller groups of local supervisors probably to be held at the University of Sheffield. These are likely to be held in May and November to allow for the time to transfer the training into practice.

The overall time commitment will be four study days, with a minimum of four additional peer group meetings in between days two, three and four.

HOW?

We have a central application system. Please contact Jacquie Howard j.a.howard@sheffield.ac.uk for the latest details.

ANY QUESTIONS?

If you have any queries or would like to register your interest in attending, please contact one of the clinical tutor team or Sue Walsh s.walsh@sheffield.ac.uk.

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