What have we been doing?

- We published the study protocol in the professional journal ‘Trials’. The protocol is a document that sets out what we are going to do.
- The team have also been working hard to share with health and social care professionals and the public what we have learnt from the study so far. Several presentations have already been given locally and nationally and more are planned for 2014:
  - Healthy Ageing Conference, May 2013
  - The American Occupational Therapy Science Summit, USA, May 2014
  - College of Occupational Therapists Annual Conference, Brighton, June 2014

If you have any suggestions about how we could tell more people about the study please let us know!

You can contact us using the details below.

Since our last news letter:

- Everyone taking part in the study completed the six month questionnaires by the end of October 2013
- The final winners of the 6 month questionnaire completion prize draw were drawn with one winner in Sheffield and one winner in Bangor
- There will be another opportunity to win in the prize draw! Once you have completed the 24 month questionnaires you will automatically be entered unless you tell us otherwise. Good Luck!

Facts and figures

Just over half of people taking part in the study live alone. The other 45% live with someone.

![Participants' residence status](image)

93% of participants stated they were retired. Just 4% were still in employment or were self-employed.

![Participants' occupation](image)