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Needless words/Meaningless Modifiers

“Adjectives are frequently the greatest enemy of the substantive.” – Voltaire

Meaningless modifiers add bulk but no substance that creep in as we write out of habit as we are trying to our words and formulate our thoughts. This can be deleted without any loss of meaning.

Example: He cannot manage that without **some kind of** additional help.

Revised: He cannot manage that without additional help.

absolutely
actually
basically
certainly
close
completely
definitely
different
effectively
entirely
extremely
general
generally
given
individual
particular
potentially
practically
quite
rather
really
somewhat
sort of
specific
total
totally
various

very
virtually
well