



## A Roadmap for Personal Tutorials

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The Roadmap is set out on a timeline corresponding to personal tutor meetings. It provides tutors with guidance and online resources to aid students' personal development along with suggestions as to when in the academic year they might best be given to students.

Personal tutoring has long been recognised as the cornerstone of British Higher Education (Lago & Shipton, 1993). Below we try to provide a cohesive 'roadmap' for tutorials in the Department of Psychology by linking course-related activities, Personal Development Planning (via the Sheffield Graduate Development Programme), and careers activity. The intention is not to replace the traditional activity of making sure that tutees are 'surviving' University life, but simply to provide a framework for activity that can help students get more out of their time at University and – hopefully – go onto bigger and better things.

		Course	The Sheffield Graduate Development Programme <a href="http://www.shef.ac.uk/sgdp/">http://www.shef.ac.uk/sgdp/</a>	Careers See careers advice on MOLE
<b>LEVEL 1</b>	Intro week	Choosing modules in other departments <a href="http://www.shef.ac.uk/newstudents/module">http://www.shef.ac.uk/newstudents/module</a>	Prompt to complete skills audit <a href="http://www.shef.ac.uk/sgdp/students.html">http://www.shef.ac.uk/sgdp/students.html</a>	Encourage joining societies and volunteering (Union sports and societies fair)
	Sem 1, Week 3		Discuss skills audit and identify opportunities for development <a href="http://www.shef.ac.uk/sgdp/skillsresources.html">http://www.shef.ac.uk/sgdp/skillsresources.html</a>	Plans to volunteer <a href="http://www.sheffield.ac.uk/union/get-involved/volunteering/">http://www.sheffield.ac.uk/union/get-involved/volunteering/</a>
	Sem 1, Week 10	Revision strategies <a href="http://www.shef.ac.uk/ssid/exams/revnotes.html">http://www.shef.ac.uk/ssid/exams/revnotes.html</a>		
	Sem 2, Week 4	Exam results		Plans to organise work experience <a href="http://www.prospects.ac.uk/work_experience.htm">http://www.prospects.ac.uk/work_experience.htm</a>

		<b>Course</b>	<b>The Sheffield Graduate Development Programme</b> <a href="http://www.shef.ac.uk/sgdp/">http://www.shef.ac.uk/sgdp/</a>	<b>Careers</b> See careers advice on MOLE
	Sem 2, Week 11	Revision strategies <a href="http://www.shef.ac.uk/ssid/exams/revnotes.html">http://www.shef.ac.uk/ssid/exams/revnotes.html</a>		Plans for the summer
<b>LEVEL 2</b>	Sem 1, Week 2	Exam results	Prompt to complete Year 1 review and set goals for Year 2 <a href="http://www.shef.ac.uk/sgdp/students.html">http://www.shef.ac.uk/sgdp/students.html</a>	
	Sem 2, Week 4	Exam results		Plans for the summer <a href="http://www.bps.org.uk/careers/careers_home.cfm">http://www.bps.org.uk/careers/careers_home.cfm</a> <a href="http://www.prospects.ac.uk/index.htm">http://www.prospects.ac.uk/index.htm</a>
		Revision strategies <a href="http://www.shef.ac.uk/ssid/exams/revnotes.html">http://www.shef.ac.uk/ssid/exams/revnotes.html</a>		
<b>LEVEL 3</b>	Sem 1, Week 2	Exam results	Prompt to complete Year 1 review and set goals for Year 2 <a href="http://www.shef.ac.uk/sgdp/students.html">http://www.shef.ac.uk/sgdp/students.html</a>	Talk about plans for after graduating. Make sure student aware of any application deadlines (e.g. very early deadline for primary PGCE) <a href="http://www.prospects.ac.uk/index.htm">http://www.prospects.ac.uk/index.htm</a>
	Sem 2, Week 4	Exam results	Prompt CV preparation <a href="http://www.careers.dept.shef.ac.uk/presentations/cvs/player.html">http://www.careers.dept.shef.ac.uk/presentations/cvs/player.html</a>	Postgraduate applications <a href="http://www.findamasters.com/">http://www.findamasters.com/</a> <a href="http://www.findaphd.com/">http://www.findaphd.com/</a>
		Revision strategies <a href="http://www.shef.ac.uk/ssid/exams/revnotes.html">http://www.shef.ac.uk/ssid/exams/revnotes.html</a>		Progress with job applications. Link to employability projects <a href="http://www.psychology.heacademy.ac.uk/s.php?p=138">http://www.psychology.heacademy.ac.uk/s.php?p=138</a>

