More than CPD: Lindsay’s framework for professional learning (2016)

Learning dimensions
- Cognitive – learning as acquisition
- Interpersonal – learning as participation
- Intrapersonal – learning as becoming

Career adaptability
- Engaging with and exerting a degree of influence on situations (control)
- Exploring opportunities and possibilities (curiosity)
- Experimenting with new and different activities (commitment)
- Developing a positive attitude to the future (concern)
- Belief in yourself and your ability to achieve (confidence)

Key conclusions
- Professional competence involves more than traditional ‘CPD’ activities
- Lifelong learning involves more than professional competence