

Advanced Supervisor Workshops 2016-2017

Organised by the Sheffield, Leeds and Hull DClIn Psy Programmes

For Supervisors across the Yorkshire and Humber Region

The Sheffield, Leeds and Hull Clinical Psychology training programmes have once again put together a shared programme of Advanced Supervisor Training Days to run from January 2017 through to May 2017. There are two aims for these events. First, to support our supervisors in providing high quality placements for clinical psychology trainees, and second, to provide learning opportunities which focus upon the development of all aspects of supervisory skills and frameworks at a time of significant and demanding organisational change upon clinical services and clinical psychology roles.

To apply:

All three training events are **free to all our supervisors of clinical psychology trainees**. They are independent events and **can be booked separately**. Places on each of the days will be allocated on a **first come, first served basis**. **Don't miss out**. These events have always been very popular with supervisors across the region.

Following from the success of last two years' events on supervising using specific models, this year we have three quite different workshops, each uniquely positioned to make a valuable contribution to the supervising of Trainee Clinical Psychologists.

Sheffield, Hull and Leeds will each be organising one of the events. Please email the identified contact person from each of the programmes.

The titles and dates of the three events are listed on the following pages.

1. Supervising Trainees within a group analytic model

Date: Thursday, 26th January 2017

Venue: The Park Inn, Doncaster

Workshop Leaders

- Dr Susanne Vosmer, Clinical Psychologist & Group Analytic Psychotherapist; Clinical Tutor, University of Hull;
- Dieter Nitzgen, Psychotherapist & Training Group Analyst; Supervisor of the IGA Heidelberg Germany; GASi.

Synopsis

The focus of this workshop is aimed at providing supervision/training from a group analytic approach.

Group analysis developed from the disciplines of psychoanalysis, sociology, developmental and social psychology, and systems theory. It has applications in diverse clinical settings (e.g. personality disorder & forensic inpatient services, therapeutic communities, GP surgeries, psychology & psychotherapy departments).

This event will focus on how supervision can provide a safe, reflective space in which to explore and understand the supervisory dynamics, e.g. how they can mirror and parallel those of the trainee-client relationship; the dynamics of the wider setting and how this impacts on the client-trainee therapeutic relationship & supervisor-trainee relationship. The perspectives offered will help supervisors to supervise group and individual work. They aim to provide supervisors with understanding of common group processes, how to understand and manage these. The workshop will consist of theoretical and experiential components.

Booking

To attend, **please contact Claire Kemp** and Philip Molyneux from the Hull Programme, email c.kemp@hull.ac.uk; P.Molyneux@hull.ac.uk

2. Supervising other professionals: how to help others' develop their practice through use of creative methods in supervision

Date: Thursday, 9th March 2016

Venue: The Park Inn, Doncaster

Workshop leader

John Burnham, Consultant Family and Systemic Psychotherapist & Director of Systemic Training at Parkview Clinic, Birmingham

Workshop synopsis

Supervising other professionals is increasingly part of the psychologists' role post-qualification. We are often asked to supervise others, either individually or in groups, for some of whom the concept of supervision is not as embedded in their profession. How do we actively engage others in thinking about this process, develop a connection with psychological ideas and ensure this is meaningful to them?

The aim of this experiential workshop is to explore creative methods of engaging with the supervision of other professionals. Participants will also be thinking about the development of their own skills in supervising trainees, and helping trainees prepare for supervising others.

Booking

To apply, **please contact Lydia Stead** from the Leeds Programme, email l.stead@leeds.ac.uk

3. Helping Trainees Learn and Fail: An Alternative to Timid and Authoritarian Supervision

Date: Tuesday, 16th May 2017
Venue: The Park Inn, Doncaster

Workshop led by

- Jon Scaife, Lecturer in Education, School of Education University of Sheffield
- Mary Fearon, Consultant Clinical Psychologist & Clinical Lead, Sheffield Adult Autism & Neurodevelopmental Service
- Sue Walsh, Joint Director of Clinical Practice, DClIn Psy, University of Sheffield

Synopsis of workshop

With changes to the BPS accreditation criteria and the requirement to meet specific therapeutic and generic competencies, how do we ensure the meaningfulness of the way we as supervisors assess learning, identify learning needs and even fail trainees whilst they are on placement? How do we accommodate the cultural shift towards ticking competency boxes whilst holding on to a focus on assessing reflexivity, insight and trainee self-awareness? The focus of the workshop will be to set up a lively exchange by integrating educational theory and practice about how we learn, how we assess learning, our own experience of being assessed and how to appropriately and thoughtfully fail. Furthermore, in the context of high work demands and a constrained capacity to support the development of others new to the profession, how do we strike a balance between imposing dictatorial learning vs avoiding our professional responsibilities?

The workshop will be led by Dr. Jon Scaife with the aim of exploring a number of questions for our profession to address. Jon has particular interests in constructivism, learning and the nature of knowledge and in the construction of rich learning environments. Mary and Sue will support aspects of the workshop. The workshop will address strategies for preventing failure and, when it becomes unavoidable, for managing failure constructively.

To attend, **please contact Jacquie Howard** from the Sheffield Programme, email j.a.howard@sheffield.ac.uk

Additional Important Note:

HCPC/BPS are focusing on how clinical psychology training programmes ensure the quality of our supervisors. One of the easiest ways of supervisors updating and extending their skills is to attend supervisory training events. Sheffield, Leeds and Hull are in the process of developing a monitoring framework whereby we can keep records of attendance as part of our quality assurance processes for our supervisors. How this is done in practice is still under discussion and consultation and will include other kinds of supervisory contributions and learning, and different Universities are at different stages in developing a local supervisory register. However, this new emphasis from our regulatory bodies makes it important that clinical psychology supervisors think about updating their supervisory skills.