**Get into careers in dentistry with ADOPT at the University of Sheffield**

**ADOPT** is an action packed two year programme for Year 12 students who are interested in a career in the field of dentistry as a dentist, hygienist or therapist.

Our aim is to encourage students from backgrounds that are under-represented in higher education to study in university and provide support and guidance through a range of practical and exciting activities.

ADOPT students are given a valuable opportunity to engage with staff and current undergraduates at the Dental School who will be open and honest about course content, student lifestyle, workload and future career pathways.

If you feel like ADOPT is something that interests you, and you would like to know more, please see the following link:

www.shef.ac.uk/schools/outreach-programmes/adopt

ADOPT is aimed at increasing access to higher education and careers in dentistry for young people who come from backgrounds currently under-represented in these fields. We therefore consider a range of different indicators when selecting students for this scheme. For more information on how we recruit please see the following link:

www.shef.ac.uk/schools/outreach-programmes/adopt/how-scheme-works

For details of how to apply please see the following link:

www.shef.ac.uk/schools/outreach-programmes/adopt/register

For further information you can talk to teachers in your school, or alternatively you can contact the ADOPT team using the details below:

0114 222 9875
adopt@sheffield.ac.uk

“**The ADOPT scheme was fantastic. All the ADOPT team and students were really friendly, polite and helpful. As for the course, the taster day is a really good experience and the help you get with UCAS and university preparation is excellent. I would thoroughly recommend it**.”

Y13 ADOPT student

**ADOPT – Access to Dental Occupations: Practice & Tutoring.**

Find out more about dentistry and dentistry related courses at the University of Sheffield
About the scheme –
This programme is designed to offer participants the appropriate support to discover whether dentistry is the right choice for them. We aim to give individual guidance, an insight into university life and academic study, and to work with young people to develop their knowledge and experience of careers in dentistry.

Where does it lead?
Students who complete ADOPT will be guaranteed an interview for an appropriate course at the University of Sheffield School of Clinical Dentistry, subject to meeting minimum academic criteria.

What we do –
Throughout their time on ADOPT we invite students into the University several times per year. They will spend time in the Dental School, attend practical workshops, participate in revision sessions, be partnered with a current dental undergraduate mentor, receive information and guidance on the UCAS process, volunteer in the community, take part in relevant work experience and get to meet like-minded students from all over the region.

There are two dentistry related courses at the University of Sheffield: the Bachelor of Dental Surgery and the Diploma in Dental Hygiene and Dental Therapy. ADOPT welcomes applicants who are interested in either or both routes.

DENTAL HYGIENE AND DENTAL THERAPY
The Diploma in Dental Hygiene and Dental Therapy is a full-time (27 month) course which is funded by the NHS at The University of Sheffield.

Dental hygienists and therapists are increasingly important members of the dental team. They carry out essential treatment for adults and children. They also have a key role in oral health education and promotion within the community.

This course is fantastic for students who are interested in the dental profession, and working as a professional practitioner. The lower entry requirements mean that this course is accessible to many students with an interest in health provision.

DENTAL SURGERY
The Bachelor of Dental Surgery (BDS) course is a 5 year degree and on successful completion will enable students to qualify as dentists.

A BDS qualification can lead to a variety of career paths, including general dental practice, community dental service and the armed forces. Many of our graduates become hospital or academic consultants with responsibility for teaching, research and patient care.

The ADOPT course has been a fantastic and essential experience, allowing me to pursue my chosen career path in dentistry by gaining a place at The University of Sheffield!*

Former ADOPT student, now studying BDS course

*ADOPT equips you with invaluable skills to help you pass the rigorous application processes that Dentistry courses have – it’s also great fun and good way to meet people with likewise interests!*

Former ADOPT student, now studying H&T course

1. ADOPT participants get the chance to spend time in the Dental School
2. Attend practical workshops
3. Participate in revision sessions
4. Be partnered with a current dental undergraduate mentor
5. Receive information and guidance on the UCAS process
6. Volunteer in the community
7. Take part in relevant work experience
8. Get to meet like-minded students