Bachelor of Medical Science (BMedSci) (Hons) Nursing (Adult)
The School of Nursing at the University of Sheffield is a friendly, well-established department that prides itself in providing an excellent student experience through support and expert tuition. Intakes onto the BMedSci (Hons) in Nursing (Adult) degree will be smaller compared to some institutions which enables students to spend time with their course and personal tutors and promotes a community feel that past and current students appreciate and evaluate positively.
Nursing at the University of Sheffield

Nursing is an exciting and diverse career that offers individuals the opportunity to develop a wide range of knowledge and skills to deliver care that is effective and patient focused. Caring, trustworthy, compassionate and a good communicator are just some of the attributes people regularly express as being important to make an excellent nurse. The BMedSci (Hons) in Nursing (Adult) programme will support you in developing the knowledge, skills and attributes seen as essential by those you will care for and to take the nursing profession forward into the future.

- The University of Sheffield is a world-leading research institution that emphasises the importance of research-led teaching.
- In the 2014 national ranking of research, our department was placed in the top ten and is internationally renowned in many research areas, including children, young people and families; enhancing the care and wellbeing of older people and palliative care.
- We offer you excellent teaching across this professional programme. Our academic team is comprised of experts in the fields of nursing, health and social care delivery; leadership and management; health psychology; sociology; social policy and public health; biology, biosciences and biomedicine.
- Our students consistently rate the quality of teaching and their learning experience highly. The enthusiasm of teaching staff, the appropriateness of teaching methods, the ability of teachers to explain things and the quality of feedback we provide is highly valued by our students and reflected in our excellent National Student Survey (NSS) scores.
Our students

Who are our Students?
The BMedSci (Hons) in Nursing (Adult) attracts students of all ages. Some of our students come straight from school having studied traditional ‘A’ level subjects others have completed BTEC qualifications or completed ‘Access to HE’ courses. Some of our students are looking for a change of direction and are returning to education from established careers. Others are looking for new opportunities, having raised a family.

Please note, entry requirements are reviewed each year. For the most up to date list, please contact us or visit our website - www.sheffield.ac.uk/snm.

Open Days
These provide you with the opportunity to come and have a look round and to talk to staff and students. They are the best way to really get a feel for the University. You can take a tour of the campus, the Students’ Union, and the accommodation. There are talks about accommodation, studying abroad, student finance, and a chance to meet our current students.

We run a number of open days throughout the year. Full details of our open day schedule can be found at: www.sheffield.ac.uk/undergraduate/opendays.

If you are unable to attend on these dates don’t worry, we frequently arrange ad hoc visits. If you would like to arrange a visit or would like to know future open day dates or attend a “taster lecture” please contact us.

Interview Days
Interviews will take place either in the placement localities or at the School of Nursing & Midwifery. They consist of a full day programme and will include:

- Information about the course and locality
- Group work
- Interview which will include a short, pre-prepared presentation from the candidate

What do the students think? Richard Rawlings gives an insight into his experiences of being a student nurse at the University of Sheffield:

Sheffield has not only got a worldwide reputation as a top university, but the nursing department is smaller and friendly and the city is one of the most beautiful in the UK. One of the unique features of the nursing course I am undertaking is the smaller cohorts compared to other Universities with tutors who are always available to give advice whether it’s related to assignments, placement, or the course in general. All of the tutors are experts in their fields and from a wide range of nursing areas. The school is also committed to a multi-disciplinary approach by involving tutors from other related departments and fields including psychology and management. Experiencing a variety of placements within community and hospital settings has broadened my interests and developed my confidence in working with different people and in different environments. The length of time spent on placement enables us to feel more like valued members of the team.

Richard Rawlings Pre-Registration Student Nurse
# Course structure

Our course is a 3 three year, Nursing and Midwifery Council (NMC) approved pre-registration nursing, undergraduate degree. On successful completion of this programme, you will be eligible to apply for admission as a Registered Nurse in Adult nursing to the professional register with the NMC.

## Programme Design

The BMedSci (Hons) in Nursing (Adult) is delivered on a full time basis and lasts 156 weeks, 50% of this time is spent in clinical practice and 50% in the University environment. It comprises of six practice-centred units of learning with students undertaking 2 units in each part (each part runs over one year).

<table>
<thead>
<tr>
<th>UNIT</th>
<th>TITLE</th>
<th>Theory Hours</th>
<th>Practice Hours</th>
<th>Credit Value</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PART 1</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Foundations in Health and Nursing 1</td>
<td>375</td>
<td>375</td>
<td>60 credits (level 4)</td>
</tr>
<tr>
<td>2</td>
<td>Foundations in Health and Nursing 2</td>
<td>450</td>
<td>450</td>
<td>60 credits (level 4)</td>
</tr>
<tr>
<td><strong>PART 2</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Patients with acute and short term needs</td>
<td>375</td>
<td>375</td>
<td>60 credits (level 5)</td>
</tr>
<tr>
<td>4</td>
<td>Patients with long term and complex needs</td>
<td>375</td>
<td>375</td>
<td>60 credits (level 5)</td>
</tr>
<tr>
<td><strong>PART 3</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Transitions to practice. Developing autonomy</td>
<td>375</td>
<td>375</td>
<td>60 credits (level 6)</td>
</tr>
<tr>
<td>6</td>
<td>Transitions to practice. Managing and Organising care</td>
<td>450</td>
<td>450</td>
<td>60 credits (level 6)</td>
</tr>
<tr>
<td><strong>Totals</strong></td>
<td></td>
<td>2400</td>
<td>2400</td>
<td>4800</td>
</tr>
</tbody>
</table>

The structure of the programme will enable you to understand:

- The broad continuum of health and normality
- Disordered physiology and the concept of ill-health
- The notion of care within the therapeutic relationship
- The need to restore health from birth to old age within a range of health care settings.

You will be offered many opportunities to examine the role and contribution of nursing within multi-disciplinary, multi-agency working and your practice experiences will offer meaningful links between the theory and practice of nursing.
Below is a broad summary of subjects that will be covered within the programme:

**Concepts of nursing**
* Holistic care
* Communication and interpersonal skills
* Professional concepts
* Lifestyle and health
* Impacts on health
* Health education and public health
* Anatomy and physiology in health and illness
* Microbiology, Virology

**Clinical skills**
* Sociological concepts
* Psychological concepts
* Health care policy and organisation
* Ethics
* Pharmacology and medicines management
* Patient safety and risk assessment
* Management and leadership
* Evidence based practice
* Research

**Progression**
There are progression points at end of Parts one and two which mean you must successfully complete all summative assessments and practice requirements before continuing onto the next part of the programme.

**Expectations**
To meet the theoretical elements of the programme, you will attend a combination of lectures, seminars, and tutorials. The units are assessed by a mix of essay, unseen examination, presentations and project work. You will be expected to attend all timetabled teaching and to read around topics in advance, to enable you to participate in discussion and group projects. We recognise the importance of providing academic support with your studies and will give you detailed feedback on your assessed work.

**Practice Placements**
Placements make up 50% of your programme and will enable you to apply the theory learned in School to the practice setting. They are also an essential means of further developing your clinical and communication skills. Placements will take place in a ‘locality’ setting and we are working closely with our clinical partners to provide placements that include experiences in Primary, Community and Secondary Care environments.

You will have the opportunity to express a preference as to which locality you would like your placements to be, although please bear in mind we may not be able to give you your first preference depending on places available within that area. The localities available are Barnsley, Doncaster, Rotherham, Chesterfield and Sheffield and once you have been allocated to a locality this will mean you will work at the hospital and within the community setting of that locality. You will be supervised by a qualified clinical mentor during the placement periods, as well as receiving continuing support from the University programme team.
Adding Value

When it comes to quality of teaching, not only do we have experts within the department but we also work closely with and regularly invite guest speakers from clinical practice and the highly successful 'Patients as Educators' programme. This ensures the quality of teaching remains high and reinforces our close links with clinical partners. Students will also be able to apply to take part in additional opportunities such as delivering Peer Assisted Study Sessions or a research internship.

Patients as Educators

The University of Sheffield’s Patients as Educators Programme was developed in 2004 to provide our students, throughout their training, with the opportunity to meet and learn from real patients. Students studying medical, nursing, dental and orthoptic degrees are able to gain a deeper understanding of medical conditions by talking directly to a patient and hearing their personal experiences first-hand. The Patients as Educators Programme has grown from strength to strength thanks to the generosity of our patients in the local community. The programme is internationally recognised as the largest programme of its kind in the world, with close to 750 patients and volunteers.

Clinical Skills Centre

The development of clinical skills, multi-disciplinary team working and communication are major aspects of our programme and the Clinical Skills Centre based at Samuel Fox House on the Northern General Hospital, Sheffield site is integral to this. It is a state of the art educational facility that includes simulated clinical ward areas, resuscitation suites, simulated homes and a fully equipped filming studio.

The space on each of the floors has been carefully designed to provide the best support for the teaching, assessments and learning opportunities for medical, dental and nursing students in a variety of clinical and simulated settings. All of the equipment in the centre has been chosen to reflect what is currently used in the clinical work place, preparing our students to the highest standard.

www.sheffield.ac.uk/aume/clinical_skills

Sheffield Graduate Award

The University of Sheffield sets out key skills and attributes that students are expected to achieve along with their chosen degree subjects. The Sheffield Graduate Award recognises the activities and opportunities available in the Department, such as becoming a Student Ambassador or student representative. The award also gives you the opportunity to bring together the valuable skills and experience gained at university, that you can develop alongside your degree course. This prestigious award is open to all students, bringing an extra dimension to your qualifications when you graduate, enriching your personal development and substantially boosting your career prospects (for further details see www.sheffield.ac.uk/the/sheffieldgraduateaward).

In addition to this, graduates from the Faculty of Dentistry and Health of which the School of Nursing is a part, will also:

- be adaptable and responsive, with the ability to tolerate uncertainty in a constantly changing environment. For this, a broad understanding of concepts of health, illness, public health and global healthcare is essential.
- show personal responsibility and accountability in care delivery, demonstrating good character and excellent interpersonal sensitivities.
- be able to sustain the ongoing development of their professional knowledge and skills.
- be able to work collaboratively, often as part of an interprofessional team, to enhance and improve patient outcomes and healthcare delivery.
- have the skills to develop, evaluate and use evidence effectively in clinical practice, care delivery and/or management.

www.sheffield.ac.uk/faculty/medicine-dentistry-health/learning-teaching/mdhgraduate
Supporting You

**Academic and Pastoral Support**
We offer a personal tutor system for all our undergraduate students and pride ourselves on providing excellent academic and pastoral support, whatever your needs. You will see your personal tutor at least twice during each unit, but more frequently if you wish. Your personal tutor is also your first point of call if you are having problems which are interfering with your work, in times of crisis or ill health, or if you need support in dealing with particular problems. The University and Students’ Union also offers a range of excellent welfare and counselling services to support you during your undergraduate studies.

**Financial Support**
Please see our webpage for further information about financial support that could be available to you.

**Students with Special Requirements**
We have an excellent track record when it comes to responding to the needs of disabled and dyslexic students. Let us know what your requirements are and we will do everything we can to support you.

**Our Department**
We are based on the main campus of the University. The Health Sciences library is two minutes away and you can walk to the Students’ Union and other central campus buildings in five minutes.

**Clinical Skills Facility**
We have a purpose built Clinical Skills Centre based at the Northern General Hospital site where you will be supported in developing your clinical skills in a safe environment through simulated practice.

**The Information Commons and The Diamond**
Our Information Commons and the recently completed Diamond building are campus buildings born out of fresh thinking about learning resources for the 21st-Century student. They are open 24 hours a day, seven days a week. The latest IT resources are combined with library facilities and a range of study spaces.
Student Services
The Student Services Information Desk (SSID), located in the Student Union Building, is an important point of contact for you throughout your time at the University. Staff are trained to deal with a wide range of enquiries and the office is a key central point for general information on many University services. See: www.sheffield.ac.uk/ssid.

Student Skills and Development Centre (“301”)
The Student Skills and Development Centre (at 301 Glossop Road) provides workshops, 1 to 1 study skills tutorials and resources on line. Many of our students use “301” to improve their academic study skills, to boost their confidence and develop their academic writing.

Mentoring
The Department is a keen participant in the University Mentoring Scheme. This provides extra support to new students and is entirely voluntary. If you sign up, students from Year Two and Three will meet up with you to discuss how you’re getting on and stay in contact with you over your first year, and sometimes longer.

Accommodation
There’s a great range of accommodation available at the University of Sheffield, so you can live the way that suits you best: catered or self-catering, city centre or leafy suburb. All our student housing is within easy walking distance of the campus and close to a frequent bus service. As a first-year, you’re guaranteed a place in University accommodation (provided you meet a few simple conditions). For details see: www.sheffield.ac.uk/accommodation and try out our new 360 degree virtual tours.

After the first year, most students prefer to rent houses to share with friends. There is plenty of good quality accommodation in Sheffield, and by national comparison, the cost is relatively low.

Sheffield Students’ Union
Winner of countless awards, our Union has live music, club nights, a 400-seat cinema, shops, an advice centre, travel agent, banks and much more. There are 250 different clubs and societies to get involved in – of which the Nursing and Health Society (NHSoc) is just one - so you’ll never be short of something to do or someone to do it with. You can find more information at www.sheffield.ac.uk/union.
Sports
The University’s sport facilities include a 33m swimming pool with sauna and steam room, bouldering wall, synthetic pitches, squash and tennis courts. Join a team, start your own, or just play for fun – whatever your level, there’s something for you. You won’t have to look off-campus for a high-tech gym either – we’ve got one of our own. More information can be found at www.sheffield.ac.uk/usport.

Our City
As the fourth largest city in England, Sheffield has all the facilities of a major city, but is small enough to be compact and friendly.

- The city centre is within easy walking distance of University campus and accommodation.
- The University has excellent public transport links, including a tram link from the city centre and train station.
- Sheffield has a convenient “Centre of England” location, close to motorways and about an hour’s travel by road or rail from Manchester, Nottingham and Leeds.
- An affordably low cost of living helps your money go further.
- Sheffield provides “room to breathe” – it is England’s greenest city, with 150 woodlands and 50 public parks, and the Peak District National Park is only fifteen minutes away.
- Sheffield people have a well deserved reputation for friendliness and hospitality, so it’s easy to feel at home here.
- Crime statistics consistently name Sheffield as one of ‘the UK’s safest cities’.
For further information

About the programme or admissions please contact:

Andrea Fox,
Programme Leader
Email: andrea.fox@sheffield.ac.uk
Tel: 0114 222 2079

Dr. Elaine Whitton,
Admissions Officer
Email: snm-admissions@sheffield.ac.uk
Tel: 0114 222 2069

The University of Sheffield
School of Nursing and Midwifery
Barber House Annexe
3a Clarkehouse Road
Sheffield S10 2LA
Tel: +44(0) 114 222 2030
Email: snm.nursing@sheffield.ac.uk
Web: www.sheffield.ac.uk/snm