When you open the TNA in Pebblepad you will see a screen for your details and a series of tabs along the top, you will need to work through each of these tabs.

Each ‘Domain’ tab will explain what the domain relates to and what is expected of you as a Researcher.

These two tabs explain the background to the TNA.

The remaining tabs will be used to self assess your knowledge and experience and then develop a training plan with your supervisor’s input.

If you scroll down you will see a scale which you should rate yourself on, based on your previous experience.

If it is helpful you can upload evidence, such as photos or certificates or write a statement explaining how you developed that skill or knowledge.

You will then need to arrange a meeting with your supervisor where you will develop a training plan for the year, based on how you have rated your skills and knowledge.