Identify where experience came from

Identify areas where you could improve

Your supervisor may recommend changes to your plan if they think this is necessary

Put in ideas you have for training/development before you meet with your supervisor

Your supervisor will probably add recommendations when you meet

It can be really useful to set manageable time limits on specific tasks to help you plan your time

If you are really unsure what a section means then you may want to leave it until you meet with your supervisor

Your supervisor may recommend changes to your plan if they think this is necessary