ARE YOU INTERESTED IN A CAREER IN MEDICINE OR HEALTH CARE BUT NOT SURE HOW TO GET THERE?

The main aim of Sheffield Outreach and Access to Medicine Scheme (SOAMS) is to raise aspirations in young people whose family or personal circumstances mean they may not have considered medicine or health care as a possible career.

Participants come from across the local region and take part in a varied programme of activities, designed to give them the knowledge and skills to go on to apply to university. SOAMS students work closely with our current medical students throughout their time on the scheme, some of whom were on SOAMS themselves.

Think you might want to apply? Here’s how...

SOAMS is aimed at increasing access to higher education and careers in medicine for young people who come from backgrounds currently under-represented in these fields. We therefore consider a range of different indicators when selecting students for the scheme. For more information on how we recruit please see our website.

www.sheffield.ac.uk/outreach/post16/soams

Students need to apply for the scheme at the beginning of Year 12. If you feel you may be eligible to apply you will need to do so through your school or college. Schools and colleges must be registered with us at the university. For more information talk to a teacher, or contact the SOAMS team on the following email:

Email – soams@sheffield.ac.uk
Phone – 0114 22 21021 / 0114 22 29875

The University of Sheffield runs a range of courses that could lead into a career in health care. Courses include Medicine, Dentistry, Health and Human Sciences, Orthoptics, Human Communication Science, Biomedical Science and many more. Please see our online prospectus for more information.

www.shef.ac.uk/undergraduate/courses

For more information about careers in the NHS please refer to the Step into the NHS website.

www.stepintothens.nhs.uk

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Sheffield Outreach and Access to Medicine Scheme.
Find out more about careers in medicine and health care with the University of Sheffield.

Thomas Humphries is a former SOAMS student and is currently studying medicine at The University of Sheffield.

SOAMS gave me fantastic opportunities to experience university life as a medical student. I got to participate in a wide range of sessions that helped me develop the skills required to get into medical school. Without the chance to experience the unknowns of University life, as well as the invaluable support from the SOAMS team, I wouldn’t have felt confident applying for medicine. I am now at Sheffield, studying medicine, and work as an ambassador for SOAMS. Without the opportunities given to me, by the SOAMS team, I would not have fulfilled my goal of studying medicine.
SOAMS is designed to offer participants the appropriate support to apply to The University of Sheffield to study medicine or related course.

The main aims are to give participants an insight into university life, and academic study, and to work with them to develop their knowledge and experience of careers in medicine.

SOAMS students are invited into the university several times a year to take part in various activities. Students attend practical workshops, participate in revision and study skills workshops, are matched with a current medical student as part of the e-mentoring and take part in a four day residential summer school which gives them a unique experience of life as a medical student.

Throughout their time on the scheme participants receive on going tailored support, and guidance, as they make their applications to university.

### Year 12 activities
- E-mentoring
- Welcome Evening
- Integrated Learning Activity (ILA)
- Medical Careers Conference
- AS Chemistry Revision sessions
- AS Biology Revision sessions
- Study skills session
- 1st Year medical school lecture
- 4 x day/3 x night summer school
- First Aid Activity Day

### Year 13 activities
- E-mentoring
- UCAS session
- Mock interviews
- A2 Chemistry Revision sessions
- A2 Biology Revision sessions
- Study skills and Transition session
- Lab research placement
- Celebration Evening

### Year 12 SOAMS student

Attending the SOAMS scheme has enabled me to gain many new skills including social skills, how to work as part of a team and leadership skills. One of the highlights of the summer school was getting the chance to live in university accommodation and get a real taste of student life. Initially, living away from home for four days was very daunting however the positive and friendly spirit within the group alleviated this very quickly. I really enjoyed the hands on surgical and clinical experience. This brilliant event has made me much more motivated and confident in applying to university.

### Year 13 SOAMS student

I have found the whole scheme extremely useful, the whole team has been very helpful and friendly, as were the ambassadors. It has not only allowed me to gain knowledge about Sheffield and studying medicine, but develop my skills from meeting new people and working in teams. A must for anyone wanting to study medicine at Sheffield.

### Outreach Co-ordinator (Post 16)

I have worked on SOAMS for a number of years and have seen the real benefit, and impact, of the scheme on students taking part. I think it’s really important to give the students as much support as we can so they can achieve their goal of studying medicine or health related course.