GIVE IT A GO

INTRO
17TH SEPT - 30TH SEPT
WWW.SHEFFIELD SU.COM / GIVE IT A GO
THE GIVE IT A GO PROGRAMME IS PACKED FULL OF ACTIVITIES, EVENTS AND EXPERIENCES JUST FOR STUDENTS, SO WHY NOT JOIN IN THE FUN?! ALL ACTIVITIES ARE RUN AT A BEGINNER’S LEVEL SO IT DOESN’T MATTER IF YOU HAVEN’T TRIED THE ACTIVITY BEFORE. THERE’S NO STRINGS ATTACHED, JUST PAY AND PLAY.

1. CHOOSE AN ACTIVITY YOU WANT TO DO
2. BUY YOUR TICKET IN ADVANCE FROM THE STUDENTS’ UNION BOX OFFICE OR ONLINE SHEFFIELDSU.COM/GIVEITAGO
3. TURN UP ON THE DAY WITH YOUR TICKET AND ‘GIVE IT A GO’

“Hello, we are Cecilia & Sarah your Activities Officer and Sports Officer and we wanted to welcome you to a fantastic year here at Sheffield. We both love the Give it a Go programme as it is an amazing opportunity to try out new, fun things and experiences. If you ever want to find out about the amazing activities and sports we support at Sheffield Students’ Union, you can visit the Activities & Sports Zone Desk, or come and chat to us (your Officers) in the SU”

CECILIA AND SARAH

If you are living in University managed accommodation, you can get a £2 discount off everything you see in this programme above £2.50, and on our day trips you get a massive £5 off! To get this discount, show your Residence Life key fob at the Box Office when you buy your ticket (discount applied automatically online). Look out for the Residence Life Logo throughout the programme to find activities that are right on your doorstep.

“Give it a Go is a great place to make friends, but we know that sometimes coming along to a session on your own can be a little intimidating. To make things easier we have teamed up with your Activities Officer and Sports Officer to offer a buddy system. If this is something you would like to try, email giveitago@sheffield.ac.uk and we’ll put you in touch with the relevant Club/Society.”

TAG US

Like Us on Facebook ‘Giveitagoshef’
Follow us on Twitter @SUGiveitaGo
Follow us on Instagram @sugiveitago
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**Note:** There are many more events online. Visit the website [Sheffieldsu.com/GiveItAGo](http://Sheffieldsu.com/GiveItAGo) to find out.

**Sheffieldsu.com/GiveItAGo**
Look out for the next October in WELLINGTON STREET Sheffield Cathedral Town Hall Devonshire Cat

1) 301 Glossop Road
2) 36 Wilkinson Street
3) Alfred Denny Building
4) Allen Court (residence)
5) Arts Tower
6) Bartolome House
7) Durham Road
8) Goodwin Sports Centre
9) Information Commons
10) No.66 (TV Studio)
11) Portabella
12) Richard Roberts Building
13) SU (Students’ Union)
14) SU Concourse
15) SU Piazza
16) Octagon
17) University Arms
18) Weston Park
19) Ranmoor, Ridge (residence)
20) Endcliffe, Edge (residence)
21) Stephenson Hall and Endcliffe Studio

Inside Sheffield Students’ Union (SU)

Level 6
Student Support Services

Level 5
Student Services Information Desk (SSiD)
Welcome Desk

Level 4
Gallery Rooms
Media Hub
The View Deli
Uni Central

Level 3
Activitieg & Sports Zone (GIAG, HEAR, ResLife, RAG, Sheffield Volunteering, Societies, Sports Clubs)
Box Office
Coffee Revolution
Green Space
Grill & Go
New Leaf
Our Sheffield
Our Shop
Plaza
Proper Pasty
property with US

Level 2
Auditorium
Foundry, Studio, Fusion
Interval Cafe Bar

Level 1
Bar One
**INTRO WEEK**

**Horror Prosthetics Making**

**Monday 17 Sept 1 - 4pm**
Octagon Meeting Room 1

Please note, this event uses liquid latex and is not suitable for those with a latex allergy.

Ever wondered how Hollywood makes special effects make-up for horror films? Wonder no more! Horror Society would like to invite you to an afternoon making prosthetics, from bloody wounds to zombie makeup - the only limits are your imagination. Come along and make some new friends, we're dying to meet you!

£5

**How to Run a Cinema**

**Monday 17 Sept 6.30 - 7.30pm**
Nelson Mandela Auditorium @ The SU

Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You’ll also get to enjoy working with our team to host the day’s screening and see the film for free!

£3.50

**Zumba**

**Monday 17 Sept 6 - 7.30pm**
Meet at the Students’ Union entrance for 5:45pm OR at King Edward VII School for 6pm. Please wear suitable clothing and bring a water bottle.

Come and join the party! Zumba is an enjoyable, instructor led, dance workout for all abilities. Our group classes are inspired by several different dance and music styles, accompanied by fun, easy to follow dance moves. Whether you’re sick of the gym or looking to try something new, come and give Zumba a go! The class will also be followed by a toning session.

£1.50

**Introduction to Wargames**

**Tuesday 18 Sept 5 - 10pm**
Activity Room 2 @ Goodwin Sports Centre

Please wear comfortable clothes / footwear and bring water.

Come on down to our session and try out one of the most unique hobbies out there! There will be painting and gaming tutorial sessions for “Warhammer 40K” and “Warhammer Age of Sigmar” with expert individuals on hand to talk you through what it’s all about. No previous experience is required and all equipment will be provided.

£2

**Hand and Machine Sewing**

**Tuesday 18 Sept 5:30 - 8pm**
Activity Room 2 @ Goodwin Sports Centre

Please wear comfortable clothing and flat footwear and bring water for the dance session.

Ever wanted to upcycle old clothes or create something unique from fabric? Then come and try your hand at some needlework! We’ll start simple by making a scrunchie or a small pouch. Then you can practice some hand stitching or give a machine a whirl. All projects can be completed in the session and materials and guidance will be provided.

£3.50

**Zumba**

**Tuesday 18 Sept 6 - 7.30pm**
Meet at the Students’ Union entrance for 5:45pm OR at King Edward VII School for 6pm

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Ever fancied trying Morris dancing but worried that it’s full of compulsory beards? Come and try Morris dancing with Sheffield University Morris, a gender-free Cotswold team. Expect high-energy, low-pressure enthusiasm and fun, with no experience needed, full instruction, and the high possibility of a pub trip afterwards.

£4

**How to Run a Cinema**

**Tuesday 18 Sept 6.30 - 7.30pm**
Nelson Mandela Auditorium @ The SU

Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You'll also get to enjoy working with our team to host the day’s screening and see the film for free!

£1.50

**Swing Dance: Lindy Hop**

**Tuesday 18 Sept 7 - 9pm**
Lecture Theatre 2 @ The Arts Tower

Please wear appropriate clothes / footwear and bring water.

Meet at the Students’ Union entrance for 5:45pm OR at King Edward VII School for 6pm.

Ever fancied trying Lindy Hop dancing but worried that it’s full of compulsory beards? Come and try Lindy Hop dancing with Sheffield University Morris, a gender-free Cotswold team. Expect high-energy, low-pressure enthusiasm and fun, with no experience needed, full instruction, and the high possibility of a pub trip afterwards.

£4

**Women’s Only Weightlifting**

**Tuesday 18 Sept 9 - 10pm**
Activity Room 2 @ Goodwin Sports Centre

Please wear appropriate clothes / footwear and bring water.

This session, led by our Women’s Officers, incorporates weightlifting based training exercises to give women the opportunity to feel more comfortable in learning the basics of weightlifting and put this training experience into practice.

£2

**Morris Dancing**

**Tuesday 18 Sept 7.30 - 9pm**
Lecture Theatre 2 @ The Arts Tower

Please wear appropriate clothes / footwear and bring water.

Ever fancied trying Morris dancing but worried that it’s full of compulsory beards? Come and try Morris dancing with Sheffield University Morris, a gender-free Cotswold team. Expect high-energy, low-pressure enthusiasm and fun, with no experience needed, full instruction, and the high possibility of a pub trip afterwards.

£4

**Sheffield Historical Crime and Murder Tour**

**Tuesday 18 Sept 7.30 - 10pm**
Meet in front of Sheffield Cathedral

Tour contains facts and stories that may not be for the faint-hearted.

Would you like to know what lies beneath the ground you walk on?! Could you listen to the truth about the Victorian city you live in?! Then come and hear about the true tales of Sheffield criminals on the Crime and Murder Tour. Learn about the hardships and deeds that took place in the back alleys and courtyards of Sheffield: the murders, riots, prostitution, petty thefts and racketeering.

£4

**Latin and Ballroom Dance**

**Tuesday 18 Sept 5 - 10pm**
Uni Central @ The SU

Come and give Latin and Ballroom dancing a go! You don’t need a partner or any previous dance experience, just turn up in something comfortable and flat footwear and bring water.

£2

**Crime and Murder Tour**

**Tuesday 18 Sept 7 - 9pm**
Meet in front of Sheffield Cathedral

Wear clothing and footwear appropriate for the weather. Tour contains facts and stories that may not be for the faint-hearted.

Would you like to know what lies beneath the ground you walk on?! Could you listen to the truth about the Victorian city you live in?! Then come and hear about the true tales of Sheffield criminals on the Crime and Murder Tour. Learn about the hardships and deeds that took place in the back alleys and courtyards of Sheffield: the murders, riots, prostitution, petty thefts and racketeering.

£4
Wednesday 19th September

Give Acting a Go with SUTCo
Wednesday 19 Sept 12 - 2pm
Foundry @ The SU
Please wear comfortable clothes / footwear

Acted before and want to keep at it? Never set foot on stage before? Come to the SUTCo Acting Give it a Go for a chance to try out old skills, or learn new ones with new people! No prior acting experience is required.

FREE

Art Tour of Sheffield
Wednesday 19 Sept 1 - 3pm
Glossop Road entrance to Bar One
Wear clothing and footwear suitable for the weather.

Join us on an Art Tour of Sheffield! On this tour members of Team Give it a Go will take you on a guided walking tour of some of Sheffield’s Art Museums. Today we will visit: Grave’s Gallery, Millennium Gallery and Sheffield Institute of Arts Gallery.

FREE

SUPAS Performance
Wednesday 19 Sept 2 - 4pm
Meet 10 minutes before at The Edge @ Endcliffe
Please wear comfortable clothes / footwear for dancing, avoid wearing jeans and bring a water bottle.

Are you interested in performing and musicals? If so why not join the Sheffield University Performing Arts Society (SUPAS). During this session you’ll get a chance to learn both the vocals and dance to a well known musical number and will be taught by members of our society. You can also get to know this year’s committee and find out about the exciting opportunities to audition for either of our semester one shows: ‘Into the Woods’ and ‘Made in Dagenham’. If you have any injuries or health concerns, please talk to a member of committee.

FREE

Powerlifting
Wednesday 19 Sept 5 - 7pm
Activity Room 2 @ Goodwin Sports Centre
Please wear appropriate clothes / footwear and bring water

Come along to our introductory session on Powerlifting led by the Strength Sports Committee. We’ll give you the chance to practice Powerlifting and get the opportunity to see what our training sessions are like!£2

Learn K-Pop Dance
Choreography
Wednesday 19 Sept 6 - 7.30pm
Meet @ The SU Welcome Desk 10 minutes prior to the session. Please wear comfortable clothing and bring water.

K-Pop (Korean popular music) often has choreographies that go with the songs. At K-Pop Dance Society we teach dance selected by members for all ability levels - so everyone is welcome! In this particular session we’ll be teaching a Boy Group dance.

£3.50

How to Run a Cinema
Wednesday 19 Sept 6.30 - 7.30pm
Nelson Mandela Auditorium @ The SU
Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You'll also get to enjoy working with our team to host the days screening and see the film for free!

£1.50

Art Tour of Sheffield
1-3pm
Glossop Road entrance to Bar One

FREE
### THURSDAY 20TH SEPTEMBER

**Architecture Tour of Sheffield**

**THURSDAY 20 SEPT 2 - 4pm**
Meet on the Town Hall steps
Wear clothing and footwear appropriate for the weather

This is a tour which takes a unique view of the city of Sheffield taking in the landmarks of Surrey Street, the environs of Norfolk Street and finally finishing on Fargate. The history of Sheffield is laid out in bricks and mortar and the language of architecture is something that has been sadly lost. This tour gives you a chance to read the city you live in, and to learn the hidden secrets of the buildings you pass every day.

### How to Run a Cinema

**THURSDAY 20 SEPT 6.30 - 7.30pm**
Nelson Mandela Auditorium (@ The SU)

Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You’ll also get to enjoy working with our team to host the day screening and see the film for free!

**£4**

### Olympic Weightlifting

**THURSDAY 20 SEPT 5 - 7pm**
Activity Room 2 @ Goodwin Sports Centre
Please wear appropriate clothes / footwear and bring water

Come along to our introductory session on Olympic Weightlifting led by the Strength Sports Committee. We’ll give you the chance to practice Olympic Weightlifting and get the opportunity to see what our training sessions are like!

**£1.50**

### Swing Dance: Charleston

**THURSDAY 20 SEPT 7 - 9pm**
High Tor 2 @ The Edge
Please wear comfortable clothing and flat footwear and bring water for the dance session.

The Charleston is traditionally danced to jazz music and showcases a fun, social style of dance originating in early 20th century USA. Come along to our session and give our award-winning society a go. Our Give it a Go session will allow you to dance with and meet a whole range of people, and hopefully teach you some new moves - no partner or experience is needed!

**£2**

### Zine Making

**THURSDAY 20 SEPT 5 - 7pm**
Gallery Room 3 @ The SU
Please bring an iPad / laptop to the session if you wish to create a digital copy of your zine

For decades, zines have been used to spread the word about underground art and music scenes. At Small Ideas (the alternative music society) we like to keep things DIY, so we thought we’d start our own. Come join us if you have a story to tell, an opinion to express or some art to share. Everyone is welcome and we look forward to meeting you!

**FREE**

### Give Technical Theatre a Go with SUTCo

**THURSDAY 20 SEPT 3-5pm**
Meet outside the Students’ Union main entrance at 2:45pm

Ever wonder what happens behind the scenes? We’ll give you an introduction to the back-stage for theatre performances. Get a taster of lighting, sound, set, and stage management, and talk about how to get involved in performances with SUTCo for the following year.

**FREE**

### Friday 21st September

**Christian Union’s Big Questions - Lunch Bar**

**FRIDAY 21 SEPT 12:30 - 1.30pm**
Nelson Mandela Auditorium (@ The SU)

Wasn’t Jesus just a great moral teacher? Come and join the discussion over lunch, hosted by the Christian Union.

1.30 - 2.30pm

Is God a killjoy? Come along to our second discussion over lunch, or stick around from session one!

**FREE**

### Virtual Reality Gaming

**FRIDAY 21 SEPT 2 - 4pm**
VAR Lab @ The Diamond

Please note, the use of VR headset can cause, in certain cases, eye strain, headaches and motion sickness.

Have you always wanted to try VR but never got the chance? Well now you’ve got the perfect opportunity! Come down to our session and we’ll let you play what you want from a wide selection of games available.

**£3.50**

### Afro-Caribbean Dance Fusion

**FRIDAY 21 SEPT 5.30 - 7.30pm**
High Tor 2 @ The Edge
Wear clothing and footwear suitable for dancing. Bring water.

The African Caribbean Society invites you to our dance workshop. Learn group choreography for the latest Afrobeats, Soca and Dancehall music. Don’t know much about Afro-Caribbean dance, but want to find out? Then join us! You do not want to miss out on this fun and energetic event. Everyone is welcome, whether you’re a beginner or an azonto warrior, so come along!

**£3**

### Give Comedy a Go

**FRIDAY 21 SEPT 6 - 8pm**
Gallery Room 3 @ The SU

Ever fancied giving comedy a go? The Sheffield Revue offers workshops for novices and vets alike to sharpen your comedic claws. The 2 hour session will feature a quick taster in writing and performing comedy, in between some general comedy chit-chat in a laid-back and welcoming comedy environment. We promote a diverse range of comedy here at The Sheffield Revue, in an atmosphere that helps everyone to find their comedic voice. Even if you’re not sure that performing is for you, feel free to come along and chill.

**FREE**

### How to Run a Cinema

**FRIDAY 21 SEPT 6.30 - 7.30pm**
Nelson Mandela Auditorium (@ The SU)

Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You’ll also get to enjoy working with our team to host the day screening and see the film for free!

**£1.50**

### How to Run a Cinema

**FRIDAY 21 SEPT 6.30 - 7.30pm**
Nelson Mandela Auditorium (@ The SU)

Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You’ll also get to enjoy working with our team to host the day screening and see the film for free!

**£1.50**
SATURDAY 22ND SEPTEMBER

Walk to Stanage Edge 
SATURDAY 22 SEPT 9.40am - 3.45pm
Meet at Sheffield Train Station, under the departure boards
Please ensure you wear clothing and footwear suitable for the weather and for walking. We advise you bring a packed lunch, plenty of water, sun-cream and waterproofs. Unfortunately due to health and safety we can only take people who have bought a ticket to this session on the walk. Those who turn up without a ticket will be turned away. We will be getting the train from Sheffield, so please bring money for train fare and your uCard.

Join us for a fun walk in the Peak District! We’ll be taking a fairly easy going route onto the classic Stanage Edge, which generally offers fantastic views of Hope Valley and the surrounding areas in the glorious sunshine. The session is also a great way to introduce what our walking club is all about. £4

Women’s Rugby Union
SATURDAY 22 SEPT 10am - 12pm
Meet at either the Ponderosa at 10am or The Edge @ Endscliffe, the Students’ Union Concourse or Costa Coffee, Broomhill at 9.40am
Open to all - beginners encouraged. Please wear suitable sports kit, trainers or rugby boots/moulies.

We will have representatives at the meeting points at 9.45 to walk everyone down. The session will consist of an introduction to rugby, some fun skills and a taste of what the club has to offer! Please wear suitable sports kit, trainers or rugby boots. Food will be provided afterwards. We look forward to meeting you! FREE

Fell Running:
Redmires Reservoirs
SATURDAY 22 SEPT 10am - 12pm
Activity Room 2 @ Goodwin Sports Centre
Please wear appropriate clothes / footwear and bring water

Come along to our introductory Strength and Conditioning session led by the Strength Sports Committee. We’ll give you the chance to practice Strength and Conditioning exercises and get the opportunity to see what our weekly, Saturday morning strength and conditioning training sessions are like! £2

Beginners Filmmaking Workshop
SATURDAY 22 SEPT 10am - 5pm
Octagon Meeting Room 4

Interested in filmmaking? Wonder what it’s like to make a film of your own? In this workshop, you’ll work in small groups with the support of our experienced committee to plan, shoot, and edit an original minute-long short film. With all equipment provided, this is a great chance to see a snippet of what goes on behind the scenes of a film production and have some fun in the process! £3

Comedy Acting
SATURDAY 22 SEPT 2 - 4pm
Fusion @ The SU

Want to walk in Bilbo’s hairy footsteps, or travel around the world in a couple of hours? Want to act - no mess, no fuss, straight to the script? USLES is looking back and bringing you scripts we’ve done before, so you can pick your fancy and do your own take on the scenes. Our friendly committee will be there to say hi - you won’t be forced into anything, but we do want everyone to have some fun. USLES is open for anyone to join, of any ability. All we ask is that you have lots of enthusiasm! £2

Assassin’s Minigames
SATURDAY 22 SEPT 12 - 3pm
Meet at Weston Park
We will be running a walking train from outside the Students Union at 11.45am for those who do not know how to get to Weston Park.

Join the Sheffield Assassin’s Guild for some fun-filled minigames in Weston Park! Shoot some nerf guns, have some fun and get to know what the Guild is all about. £2

Strength and Conditioning
SATURDAY 22 SEPT 10am - 12pm
Activity Room 2 @ Goodwin Sports Centre
Please wear appropriate clothes / footwear and bring water

Get out into the Peak District and discover Fell Running! Short, medium and long off-road routes will be on offer depending on your ability, each giving you the opportunity to explore the beautiful countryside around the Redmires Reservoirs. Bring some extra cash with you as we might head to the pub afterwards for some much needed food and drink. £2

Learn K-Pop Dance
Choreography
SATURDAY 22 SEPT 2 - 3.30pm
High Tor 2 @ The Edge
Please wear comfortable clothing and bring water

K-Pop (Korean popular music) often has choreographies that go with the songs. At K-Pop Dance Society we teach dances selected by members for all ability levels so everyone is welcome! In this particular session we’ll be teaching a Girl Group dance. £3.50

Samba Band
SATURDAY 22 SEPT 2 - 3.30pm
Meet outside the SU main entrance

Come down and join us for a chance to play some Brazilian beats, whether novice or pro, in a relaxed environment. As a band we play at varsity events and a whole variety of gigs across Sheffield in well-known venues such as Hope Works, Yellow Arches and The Harley. No previous experience is needed, so come Give it a Go - it’s free after all! £2

Queer Adventure Time:
Exploring Sheffield
SATURDAY 22 SEPT 2 - 6pm
Meet outside the SU main entrance

Come down and join us for a tour of the city with a special focus on its lesser known gems. A band we play at varsity events and a whole variety of gigs across Sheffield in well-known venues such as Hope Works, Yellow Arches and The Harley. No previous experience is needed, so come Give it a Go - it’s free after all! £2

Judo
SATURDAY 22 SEPT 1-2.30pm or for the women’s only session 2.30-4pm High Tor 5 @ The Edge
Bring a bottle of water and comfortable clothing

Judo, meaning ‘the gentle way’, is one of the world’s most popular martial arts and Olympic sports. In this session you’ll learn exciting throws and holds before trying them out against each other and more experienced judokas. All you need for this session is a bottle of water and comfortable clothing. If you’re eager to try something a tad different within a friendly club, come along and see what you think! £2

Capoeira for Beginners
SATURDAY 22 SEPT 3 - 5pm
Activity Room 1 @ Goodwin Sports Centre

Capoeira is an exciting sport that combines martial arts, dance, acrobatics and music. A Brazilian martial art with African roots, capoeira will im-
How to Run a Cinema
Saturday 22 Sept 6.30 - 7.30pm
Nelson Mandela Auditorium @ The SU
Welcome film-lovers! The inner workings of cinemas are no longer secret! Film Unit, the independent cinema located in the Students’ Union, is opening its doors. Take a glimpse behind the scenes and experience how a professional cinema operates. Student staff will guide you through running a public screening, including an exclusive tour of our film projection room and equipment normally off-limits to audiences. You’ll also get to enjoy working with our team to host the days at the SU.
£1.50

Christian Union’s Big Questions - Evening Meal
Saturday 22 Sept 7 - 10pm
Uni Central @ The SU
Come and enjoy an evening meal hosted by the Christian Union whilst tackling the question - Is there more to life than this?
£4
FREE

Medieval Fighting and Crafting
Sunday 23 Sept 1 - 5pm
Uni Central @ The SU
Please wear sensible clothing and sturdy shoes
Come along and try out medieval sword and spear fighting, making medieval clothing or just learning about history. Everyone is welcome.
£3

Improvised Comedy Workshop
Sunday 23 Sept 2 - 4pm
High Tor 2 @ The Edge
Do you like laughing? Do you want to meet awesome new people? Do you want to have a great time while learning the ropes of Improvised Comedy? We’re running a workshop covering the basics of how to be funny on your feet. We’ll be teaching you some games, some exercises and how to be silly in general. If you enjoy your time at the workshop, or somehow managed to miss out, we meet every Wednesday evening 7.30 - 9.30pm at the SU. Membership is free, so why not turn up and have a go!
£2.50

Pom Cheerleading
Sunday 23 Sept 5 - 7pm
High Tor 1 @ The Edge
Wear sportswear and trainers. Bring water
Want to try out Pom cheerleading? Pom cheer is a sport that many of you may not have tried before and is an amazing way to get involved with the university sports community. As well as performing at variety fixtures we also compete at the regional and national level. Come along and give Pom a try and see what it’s all about!
£5

Pole Fitness
Sunday 23 Sept 5.45 - 7pm
TBC - please check online for confirmation of where to meet
TBC - please check online for confirmation of where to meet
Please wear sensible clothing and sturdy shoes
You will start off with a safety briefing before taking your first breaths underwater with one of our qualified instructor.
FREE

Try Scuba Diving
Sunday 23 Sept 3.30pm, 3.30 - 4pm, 4-4.30pm or 4.30 - 5pm
Meet at the Meeting Room opposite the Goodwin Gym entrance
Always wanted to have a go at SCUBA diving or just fancy trying something different on a Sunday afternoon? Never fear! The University Sub-Aqua Club is here. We are running ‘Try Diving’ sessions at Goodwin Sports Centre and are ready to welcome you to the underwater world. You will start off with a safety briefing before taking your first breaths underwater with one of our qualified instructors.
£2.75

Beekeeping Visit to The Hives
Sunday 23 Sept 4 - 5pm
Meet 5 minutes before outside The Edge @ Endcliffe
As the Beekeeping Society, we are keen to give all students an opportunity to experience beekeeping hands-on and learn more about bees. This gives you a Go gives you the chance to meet the current committee, see where the bees are kept and ask any questions about the society, bees or just general university life. We are a very inclusive and friendly society and welcome all, from freshers to graduates. Come along and find out more!
£5

Card Gaming
Sunday 23 Sept 7 - 9pm
Gallery Room 4 @ The SU
Come along and get a taste of what Card Gaming society is like. Test your skills in an array of card games (some of which may be new to you), and enter into our Give it a Go competition to win some prizes. Get the usual biscuits and drinks supplied by the society as we play.
£2.75

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£2.75
MONDAY 24TH SEPTEMBER

Who are People and Planet? P&Ps 15th Birthday Celebration
MONDAY 24 SEPT 12 - 2pm
Gallery Room 3 @ The SU

In 2018, People & Planet Sheffield, the environmental and human rights activist society, are celebrating their 15th Birthday so we are inviting you to come and celebrate with us and find out a bit more about who P&P are. Learn the history of what this society has achieved over the past 15 years and help shape what we will be achieving in the future! We will be discussing what we believe, what we’ve done, and how we’ve done it, with a focus on welcoming new experienced in activism to those who are coming in to it brand new to those who just want to see what it’s all about.

There will also be free vegan cake and other goodies to keep your energy levels up! See you there! Peace and love x

Make your own Traditional Doll
MONDAY 24 SEPT 5 - 7pm
Gallery Room 3 @ The SU

Want to put your arts and crafts to the test? Join the Latin American Society to create your own personalised Mexican doll, an important symbol of our culture. We provide all the required materials for your creative needs!

£3

Daoist Self-Defence
MONDAY 24 SEPT 5.15 - 6.15pm
No 66 - TV Studio
Please wear suitable clothes you can stretch and exercise in.

Come and discover this ancient Daoist art of Lishi self-defence. Playful, revitalising and exhilarating: learn to start shedding the fears and stresses from your life and move to a more natural and confident way of being. Note, this class is intended for complete beginners - no prior experience is necessary.

£2

Hip Hop Dance
MONDAY 24 SEPT 5.30 - 6.30pm
Meet at The Edge @ Endcliffe
Please wear clothes that you feel comfortable moving about in and trainers

Hip hop dance is a really energetic and fun way to try dancing and keep fit. There’s something for everyone when it comes to hip hop. With a range of styles that will be covered throughout the semester. It’s a great way to dance to your favourite songs and learn routines that can make an appearance on a night out. This class is ideal for everyone and you need no dancing experience to come along.

£2.50

Beginners Irish Dance
MONDAY 24 SEPT 6 - 7pm
Uni Central @ The SU
Please wear sportswear and trainers.

Bring a bottle of water.

The Irish Dance Society is excited to host our fun taster session for everyone who would like to learn how to Irish dance. Based on our relaxed, but energetic classes, the session will accommodate all abilities, so feel free to come along whether you want to improve your dance skills, get fit or learn some moves for St. Patrick’s Day - although we can’t promise you won’t get hooked! The 6-7pm class is perfect for beginners, from 7-8pm we will then offer a more advanced class, designed for those who have danced before. We welcome everyone to attend one or both classes, depending on what you feel most comfortable with.

£3

Taekwondo
MONDAY 24 SEPT 6 - 7.30pm
High Tor 2 @ The Edge
Please wear loose sports clothing and bring a water bottle

Come along and try a Taekwondo class! Taekwondo is a traditional Korean Martial Art which incorporates a variety of fast-paced kicking techniques. All of our sessions are open to all abilities, you don’t need to be particularly fit or flexible. Make sure you turn up a little early so you can introduce yourself to the instructor, and let them be aware of any medical conditions.

£3

Contemporary Dance
MONDAY 24 SEPT 7.30 - 8.30pm
Meet at The Edge @ Endcliffe at 7.10pm
Please wear clothes that you feel comfortable moving about in and barefoot

Contemporary is a varied style of dance that incorporates moves from different styles and a range of creative movement. The class will include warm up, technique work and a simple routine. This class is ideal for everyone so don’t worry about having any previous dancing experience and come along to join the fun.

FREE

We Heart Consent
MONDAY 24 SEPT 6.30 - 7.30pm
High Tor 4 @ The Edge

Consent plays an important part in so many of our everyday interactions but often people are unsure of how to communicate and navigate consent respectfully. Come along to learn more about creating a positive consent culture on our campus and in wider society.

£3

Lifesaving Sport
MONDAY 24 SEPT 8.45pm
Poolside at Goodwin Sports Centre

You must be able to jump in and swim at least 50 metres unaided. Bring goggles, swim kit, towels, toilettes, water bottle etc.

£3.50

Music Players’ Society: Blues Band
MONDAY 24 SEPT 7 - 9.30pm
No 66 - TV Studio

Bringing together the best Rock, Soul and Blues anthems from the last 6 decades, years of party and society-ball experience has allowed the Blues Band to refine their set to only the most bodacious tracks, and this year it’s only getting better! Come and help us bring together our classic set of dancefloor-fillers and bluesy tunes. Feverish boogieing can be guaranteed, and everyone is welcome.

FREE

Try out a sport you’ve never heard of before! Lifesaving incorporates vital self-survival and rescue skills along with fitness, speed and agility. Lifesaving is an inclusive sport suitable for swimmers of any level (you do not need to be fast – everyone is welcome!). Come and have a taste of the competitive events we do, and maybe even represent Team Black & Gold at our upcoming league competitions.

FREE

MONDAY 24 SEPT 6 - 7.30pm
High Tor 2 @ The Edge
TUESDAY 25TH SEPTEMBER

**Beekeeping Visit to The Hives**
**TUESDAY 25 SEP 2 - 3pm**
Meet 5 minutes before outside The Edge @ Endcliffe
As the Beekeeping Society, we are keen to give all students an opportunity to experience beekeeping hands-on and learn more about bees. This give it a go gives you the chance to meet the current committee, see where the bees are kept and ask any questions about the society, bees or just general university life. We are a very inclusive and friendly society and welcome all, from freshers to graduates. Come along and find out more!

**Music Players’ Saxophone Group**
**TUESDAY 25 SEP 6 - 7pm**
Octagon Meeting Room 2
Our sax group have a selection of ragtime, folk and jazzy tunes for saxophones of all sizes, as well as well-known tunes like Cantina Band and The Entertainer! All saxophones (and all clarinets!) are welcome, come along to meet some fellow players and have fun making music with us.

**Morris Dancing**
**TUESDAY 25 SEP 7.30 - 9pm**
Lecture Theatre 2 @ The Arts Tower
Please wear appropriate clothes / footwear and bring water
Ever fancied trying Morris dancing but worried that it’s full of compulsory beards? Come and try Morris dancing with Sheffield University Morris, a gender-free Cotswold team. Expect high-energy, low-pressure enthusiasm and fun, with no experience needed, full instruction, and the high possibility of a pub trip afterwards.

**Cross Stitch Keychains**
**TUESDAY 25 SEP 5.30 - 8pm**
Activities and Sports Zone @ The SU
Would you like a way to personalise your keys and also learn the skills of a relaxing and simple craft? Come and make a keychain with your own, handmade design inside! Plenty of choice of style and complexity so don’t be afraid to give it a go. It’s the perfect beginners project but also a quick project if you’re a pro!

**Pom Cheerleading Auditions: Part One**
**TUESDAY 25 SEP 8 - 10pm**
Uni Central @ The SU

**Pom Cheerleading Auditions: Part Two**
**THURSDAY 27 SEP 6 - 10pm**
High Tor 5 @ The Edge
Bring sportswear and trainers. Bring water
If you want to audition to be a part of the Pom Sabrecats Cheerleading squad come along to our Part One session and learn some skills and a short routine to audition. After learning the audition dance routine on Tuesday, you will be given a slot to audition for the team on Thursday.

**Music Players’ Society Big Band**
**TUESDAY 25 SEP 7.30 - 9.30pm**
No. 66 - TV studio
Swing, jazz, perhaps a little improv. Big Band is the Music Players’ Society’s larger jazz ensemble playing the highlights of the Golden Era with a focus on written arrangements. Saxophone, brass, drums (or other percussion!), pianists, guitarists, even clarinetists - you’re all welcome at our friendly Big Band rehearsal. Come and have fun playing some jazzy tunes with us!

**FREE**

**FREE**

**FREE**

**FREE**

**£2**

**£3 for both sessions**

**£3**

**For more information and updates**

@socialsportuos  /socialsportuos

Starts Monday 24th September
How far will YOU go?

- Weekly low-cost activities in a variety of sports throughout the academic year
- All students welcome
- All abilities welcome

**MANY MORE EVENTS ONLINE**
[www.sheffield.ac.uk/peventos](http://www.sheffield.ac.uk/peventos) to find out.
**WEDNESDAY 26TH SEPTEMBER**

**Orienteering**
WEDNESDAY 26 SEP 3 - 5pm
Meet outside The Edge
Bring water and wear suitable clothes and footwear for the weather

Come and try Orienteering, the sport that combines the challenges of navigation and running! A range of courses will be on offer with no experience needed and coaching available. It’s the perfect way to get more familiar with your surroundings during your time in Sheffield!

£2

**Introduction to Sign Language**
WEDNESDAY 26 SEP 4.30 - 6.30pm
Gallery Room 4 @ The SU

Come along to our introduction to sign language session! Have you ever wanted to learn sign language and understand the deaf culture, but not known what it entails? Then this workshop will give you a brief introduction.

£2

**Mindfulness**
WEDNESDAY 26 SEP 5 - 6pm
Octagon Meeting Room 3

Mindfulness is a great activity to help you manage your mental health and it has been shown to have a positive impact on some symptoms of anxiety and depression. We will be running a mindfulness workshop with mindfulness colouring available and information about how you can practice.

£3.50

**Boys Ballet**
WEDNESDAY 26 SEP 5.15 - 6.15pm
Meet at The Edge @ Endcliffe at 4.50pm

Please wear clothes that you feel comfortable moving about in and barefoot

Boy’s Ballet is incredible for developing balance, strength, stamina and coordination. The class will introduce basic steps, technique and work on a range of exercises. Don’t worry about any previous dancing experience, everyone is welcome to come and try out ballet and have fun!

£3.50

**Modern Dance**
WEDNESDAY 26 SEP 5.15 - 6.15pm
Meet at The Welcome Desk at 5pm

Please wear clothes that you feel comfortable moving about in and barefoot

Give it a Go modern is an amazing way to try dancing and keep fit! Classes will consist of exercises to learn basic technique. Be ready to embrace your inner Queen-B and learn some sassy routines (think music video style dancing) to lots of cheesy pop. This class is suitable for those who have never danced before or those who have never tried modern before. Hope to see you there!

£3.50

**Learn K-Pop Dance**
Choreography
WEDNESDAY 26 SEP 6 - 7.30pm
Meet at the SU Welcome Desk 10 minutes prior to the session

Please wear comfortable clothing and bring water

K-Pop (Korean popular music) often has choreographies that go with the songs. At K-Pop Dance Society we teach dances selected by members for all ability levels, so everyone is welcome! In this particular session we’ll be teaching a Boys Group dance.

£3.50

**Casual Ice Skating**
WEDNESDAY 26 SEP 7 - 10pm
Meet at the University of Sheffield Tram Stop

Please note you will need to bring your UCard for student discount, money to cover the tram fare (£4 return ticket) and entry/skate hire if you don’t have your own skates (£4.25 entry + £1.75 skate hire). You can also sign up for a LIFECARD from iceSheffield for £3, bringing the cost of future skates down to £1.25 entry + £1.75 skate hire. And don’t forget to have fun too! :)

Come and chill out with some casual ice skating! We meet at the IC tram stop and catch the tram together to iceSheffield for a two hour session. All abilities welcome – bring warm clothes, good socks, 20p for a locker and enough money to cover the tram and entry.

£1

**Brass Band**
WEDNESDAY 26 SEP 7 - 9.15pm
Meet at the front entrance of the Students’ Union

Participants must have their own instrument (excluding percussion) and should be able to play to an intermediate level or above.

If you play a brass instrument, or are a keen kit player, the University of Sheffield Brass Band is the ensemble for you! We are a non-auditioned group of musicians who meet once a week for rehearsals on Wednesday evenings and put on at least one concert. This session is the perfect opportunity for you to meet our members and make some great music in a more relaxed environment.

FREE

**Challah Bread Bake**
WEDNESDAY 26 SEP 6 - 8.30pm
Meet outside the Edge @ Endcliffe

Come along and join us to make some of the tastiest bread you have ever tried! Weather this is your first time making it or not, you’ll get a chance to make challah dough from scratch and learn to braid a traditional challah.

£3.50

**GIVE GOSPEL CHOIR a Go!**
WEDNESDAY 26 SEP 5.30 - 6.30pm
Richard Roberts Auditorium

No singing or musical experience necessary - just turn up!

Do you want to give gospel singing a go in a friendly, relaxed and inclusive atmosphere? Gospel Choir is the place for you! At this session you’ll have the opportunity to meet new and old faces in the choir, hear a little about what we do, and of course learn a song from our varied repertoire. If that doesn’t have you convinced, there will also be a range of cakes after the session!

£1

**Improvised Comedy Workshop**
WEDNESDAY 26 SEP 7.30 - 9pm
Gallery Room 3 @ SU

Do you like laughing? Do you want to meet awesome new people? Do you want to have a great time while learning the ropes of Improvised Comedy? We’re running a workshop covering the basics of how to be funny on your feet. We’ll be teaching you some games, some exercises and how to be silly in general. If you enjoy your time at the workshop, or somehow managed to miss out, we meet every Wednesday evening 7.30-9.30pm at the SU. Membership is free, so why not turn up and have a go!

FREE

**Student Christian Movement**
WEDNESDAY 26 SEP 7.30 - 9pm
Please see the online event for more information about the location

Come along and see what Student Christian Movement is all about! We’ll be having a chat about faith and life, as well as providing some snacks. Pop along to our first meeting of the year for a great way to meet some friendly and welcoming Christians to support you through your uni life.

FREE

**Give Gospel Choir a Go!**
WEDNESDAY 26 SEP 5.30 - 6.30pm
Richard Roberts Auditorium

No singing or musical experience necessary - just turn up!

Do you want to give gospel singing a go in a friendly, relaxed and inclusive atmosphere? Gospel Choir is the place for you! At this session you’ll have the opportunity to meet new and old faces in the choir, hear a little about what we do, and of course learn a song from our varied repertoire. If that doesn’t have you convinced, there will also be a range of cakes after the session!

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**Casual Ice Skating**
7-10pm
Meet at the University of Sheffield Tram Stop
**Music Players’ Society**
**Concert Band**
**WEDNESDAY 26 SEPT 7.30 - 9.30pm**
No 66 - TV Studio

Concert Band are a friendly band where film music and showtunes take the floor! With classic soundtracks, alongside some jazz and classical offerings, whether you play woodwind, brass, or percussion, you’re more than welcome! Come along to eat some biscuits and make some wonderful music.

**FREE**

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**Sheffield City Ghost Tour**
**WEDNESDAY 26 SEPT 7.30 - 10pm**
Meet on the Town Hall steps
Wear clothing and footwear appropriate for the weather. Tour contains facts and stories that may not be for the faint-hearted.

Have you ever wondered what spooky secrets lurk in Victorian Sheffield? Take this guided tour around the dark heart of the Steel City to discover the ghosts and ghouls of the past! You’ll be amazed at the secrets that the industrial city of Sheffield holds... from scandals and murders to some very bizarre occurrences!

**£4**

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**THURSDAY 27TH SEPTEMBER**

**Beekeeping Visit to The Hives**
**THURSDAY 27 SEPT 5 - 6pm**
Meet 5 minutes before outside The Edge @ Endcliffe

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**FREE**

**DJSoc Give it a Spin**
**THURSDAY 27 SEPT 5 - 8pm**
Raynor Lounge @ The SU

Ever fancied learning to DJ? Join DJSoc for a crash-course in all things mixing, with one-on-one tuition! You’ll be hitting the decks yourselves to have a go at mixing and scratching on our industry-standard setups, including modern Pioneer CDJs and traditional Vinyl Turntables!

**£5**

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**Introduction to Meditation**
**THURSDAY 27 SEPT 6 - 7pm**
Octagon Council Chambers

Meditation has many benefits, with one of them being reducing stress levels. However it is also a transformational tool that can be used to improve aspects of your life and enhance areas of your personality. In this session we will teach you how to meditate and explain some of its lesser known practical aspects. If this isn’t enough for you then there will also be some tea!

**£2**

**Daoist Tai Chi and Movement Meditation**
**THURSDAY 27 SEPT 5.15 - 6.15pm**
No. 66 - TV Studio

Please wear suitable clothes you can stretch and exercise in.
Come and discover an ancient Daoist exercise system that will leave you feeling connected and going with the flow in this fast paced modern world. Improves fitness, well-being, confidence and most importantly, relaxation! Note, this class is intended for complete beginners - no prior experience is necessary.

**£2**

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**Tap Dancing**
**THURSDAY 27 SEPT 5.15 - 6.15pm**
Meet at the SU Entrance at 4.50pm

Please wear comfortable clothes you can stretch and exercise in.
This class will cover the basics of tap dancing and is ideal for complete beginners or people who haven’t danced for a long time and want to get back into it. The class will include a warm up, learning basic steps and a simple routine. Tap is a really fun style of dance with the bonus of being able to make lots of noise! If you have tap shoes bring them along but if not we will have some spare to use; otherwise, wearing trainers is fine.

**£3.50**

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**Bullet Journals**
**THURSDAY 27 SEPT 5 - 7pm**
Gallery Room 3 @ The SU

We will have inspiration, bullet journal guides and lots of stationery to help create your bullet journal. If you already keep a journal then please bring it along, we’d love to see it! All you will need to bring is a notebook.

Bullet journalling is an organisational system you can make to suit your needs. You can use it as a calendar, diary, to-do list or even just doodling. If you love planning and creativity then this is for you! All you need is a notebook to get started. Whether you are new to bullet journalling or if you have one already, this will be the perfect opportunity to set one up for the academic year ahead to stay on top of deadlines, essays and exams.

**FREE**

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**Mindfulness**
**5-6pm**
Octagon Meeting Room 3
Lifesaving Skills and Awards
THURSDAY 27 SEP 6 - 7pm
Poolside at Goodwin Sports Centre Swimming Pool
You must be able to jump in and swim at least 50 metres unaided.
Bring goggles, swim kit, towels, toiletries, water bottle etc.
If you are looking to try something new, come and give lifesaving a shot! It is a great opportunity to meet new friends whilst learning fundamental self-survival and rescue skills both in and out of the water. You can even gain internationally recognised qualifications! Anyone is welcome, simply bring your swim kit and goggles along with you.
FREE

Taekwondo
THURSDAY 27 SEP 6 - 8pm
Endcliffe Studio
Please wear loose sports clothing and bring a water bottle. Make sure you turn up a little early
FREE

Music Players’ Society
Rock Band
THURSDAY 27 SEP 7 - 9.30pm
No 66 - TV Studio
If you’re after some upbeat contemporary music to get you on your feet, MPS Rock Band’s got you covered! Come and play a mixture of rock classics from decades past, plus fresh, modern indie/alternative tracks - from Bowie to the Black Keys, we’ve got something for everyone.
FREE

PhotoSoc Intro Session
THURSDAY 27 SEP 7.15 - 8pm
Diamond Lecture Theatre 5
Participants are more than welcome to bring their cameras with them. No need of previous photography experience.
FREE

Lifescaping First Aid
FRIDAY 28 SEP 5 – 7pm
Fusion @ The SU
Please note this is a club led session, not a session run by a first aid run company.
FREE

Give Gospel Choir a Go!
FRIDAY 28 SEP 5.30 - 6.30pm
Richard Roberts Auditorium
No singing or musical experience necessary - just turn up!
FREE

Do you want to give gospel singing a go in a friendly, relaxed and inclusive atmosphere? Gospel Choir is the place for you! At this session you’ll have the opportunity to meet new and old faces in the choir, hear a little about what we do, and of course learn a song from our varied repertoire. If that doesn’t have you convinced, there will also be a range of cakes after the session!
£3.50

Fall Running: Burbage Moor
SATURDAY 29 SEP 7am - 2pm
Meet outside The Edge
Bring water and wear suitable clothes and footwear for the weather. Take £2 to cover return bus fare
£25

Get out into the Peak District and discover Fall Running! Short, medium and long off-road routes will be on offer depending on your ability, each giving you the opportunity to explore the beautiful countryside around the Burbage Moor. Bring some extra cash with you as we might head to the pub afterwards for some much needed food and drink.
FREE

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FREE

Wind Orchestra
THURSDAY 27 SEP 7 – 9.30pm
Workroom 2 @ 38 Mappin St
Come and join in with a Sheffield University Wind Orchestra rehearsal to experience what it’s like to be part of this vibrant and exciting ensemble! This is a free session, so just turn up with your instrument and get involved.
£1.50

Hall Group Launch
THURSDAY 27 SEP 7.30-9.30pm
Uni Central
Want to find out more about the Christian faith? Whether you consider yourself a Christian or not, come join in the conversation with Hall Groups - a weekly discussion about the Bible, who JESUS was and what he means to Christians. Games, food and conversation! Bring a friend if you can!
FREE

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FREE

FRIDAY 28TH SEPTEMBER

My Kind of Feminism
FRIDAY 28 SEP 5 - 7pm
Gallery Room 3 @ The SU
Want to learn more about feminism in a relaxed environment? Want to make some new feminist friends? Just want some free snacks? Come along to the first of Women’s Committee’s regular Feminist Fridays where you can learn more about different feminist history, activism and ideas while getting to meet a wide variety of people (over snacks of course). You don’t need any previous knowledge or experience with feminism to come along and you don’t need to describe yourself as a feminist. This is an open space for people to learn and share. If you’re nervous about coming alone, message us at womens.committee@sheffield.ac.uk and we’ll arrange for someone from committee to meet you before hand. Open to all genders.
FREE

Music Players’ Society
FriNJE
FRIDAY 28 SEP 7.30 - 9.30pm
No 66 - TV Studio
FriNJE is our “Friday Night Jazz Ensemble”, full of the best improv. the university has to offer, with a cool mix of jazz, swing and funk. Whether you want to play some soaring saxophone solos, dramatic drum solos or powerful horn riffs, come along to join a band who love both traditional jazz and new mixes of popular music.
FREE

Medics’ Orchestra
FRIDAY 28 SEP 6.15-8.30pm
Meet @ The SU
Come along to our 2018 ‘Give it a Go’ session to get a taster of our wonderful orchestra! The first session is free, and there will be a walking bus from the SU at 6pm for anyone unsure how to get there. Be sure to come to our post-rehearsal social! Important! you do not have to be a medic and we are non audition, so come along and have some fun!
FREE

SABTURDAY 29TH SEPTEMBER

Chatsworth House Day Trip
SATURDAY 29 SEP 10.30am - 5pm
Glossop Road Entrance to Bar One
Ticket includes coach transport to and from Chatsworth House, alongside entry to the House and Grounds. Travel time is approx. 1 hour

Chatsworth is an English stately home and a must-see attraction when you are in Sheffield! More than 30 magnificent rooms display one of Europe’s finest private collections of treasures. The 105-acre garden is beautiful, with a huge maze, rare plants, fountains and the famous Duke’s Cascade. You could bring a picnic to enjoy in the grounds, or enjoy refreshments in the Courtyard. At 4pm, we will return to the coach as on our way back to Sheffield we will stop at the Chatsworth House farm shop for an hour so you can stock up on local goodies.
£25

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FREE
SAUNDAY 30TH SEPTEMBER

Harry Potter Studios Tour - London SUNDAY 30 SEP 8am - 5pm Glossop Road entrance to Bar One Ticket includes coach transport to and from the Studios, plus entry to the Studios and the Studio Shop. Travel time is approx. 2.5 hours including the coach journey. Join us on a truly magical day out as we head to the Harry Potter Studios in London. Set adjacent to the working film studios where all eight Harry Potter films were made, the Studio Tour offers you the unique opportunity to explore two soundstages and a backlot filled with original sets, animatronic creatures and breathtaking special effects. Step inside the Great Hall, walk along Diagon Alley, board the Knight Bus, enjoy a Butterbeer, push your trolley into Platform 9 ¾ and be blown away by a magical broom ride around Hogwarts and capture the memories in a photograph. The studio shop has a wide range of Harry Potter goodies, including authentic Hogwarts Jumpers that are made by the same company who created them for the cast. Now a part of British heritage, don't miss your chance to join us on this fantastic and hugely popular trip! £65

Pole Fitness SUNDAY 30 SEP 5.45 - 7pm BRB - please check online for confirmation of where to meet Please wear shorts and a loose-fitting T-shirt, and do not moisturise before a pole class - it makes the pole too slippery! We also ask that you remove all jewellery before class so you may want to leave this at home. Remember to stay hydrated and bring water with you

A different, exciting way of keeping fit! In this class you'll have a great intro to pole, learning basic spin.

£6.50

MANY MORE EVENTS ONLINE

www.sheffiledsu.com/events for more information.

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MANY MORE EVENTS ONLINE

www.sheffiledsu.com/events for more information.
Sheffield Volunteering

Sheffield Volunteering has projects right across Sheffield. From activities right on your doorstep to exploring the wild and wonderful Peak District, you can experience amazing things by volunteering.

Our Give it a Go volunteering days are the best way to give volunteering a try. Each activity is designed as a taster day, enabling you to try something new and gain new skills. They are perfect with friends and a great way to meet like-minded people.

All activities including transport are free. For all our volunteering, no experience is required.

You do not need to buy a ticket from the Box Office, instead book your place in the Sheffield Volunteering office in your Sheffield Students’ Union. (Mon to Fri, 10am - 5pm)

GAMES GALORE
Bring smiles and joy to older people at this activity day. Help out at a Sheffcare residential home for elderly people and those living with dementia, playing games such as bowling, jenga and dominoes.
Wednesday 19th September 12.30pm - 4.30pm

BUZZ TOUR OF SHEFFIELD
On this alternative tour of the city, we will visit local charities, points of interest, and independent cafes, so you can have a top quality student experience of this fantastic city. This is your chance to discover your city and enhance your knowledge of Independent Sheffield!

This is an open event so please meet at the Volunteering Office, in the Students’ Union. No need to sign up in advance.
Friday 21st September 10am - 2pm

WHINFELL QUARRY GARDENS
Enjoy a great morning in the fresh air at this beautiful, hidden Victorian garden. There will be a variety of gardening tasks for your green fingers, helping to restore the natural masterpiece back to its former glory!
Saturday 22nd September 9am - 12.45pm

SUPPORT ON A SUNDAY
Provide a warm and welcome environment for Sheffield’s homeless and vulnerable at this friendly volunteer-run shelter. Greet, chat and play games with guests, and serve tea/coffee/soup and a hot two course meal.
Sunday 23rd September and Sunday 30th September 12pm - 4.30 pm

SHEFFIELD 10K EVENT VOLUNTEERS
Cheer on thousands of runners and support local charities at this brilliant Sheffield community event. Bring your enthusiasm and give runners a boost on the route to success!
Sunday 23rd September 8.30am - 12.30pm

GREEN CITY ACTION
This award-winning charity raises awareness of environmental issues and improves Sheffield’s green spaces. Boost your physical and emotional health, and help to maintain this peaceful community allotment - digging, weeding and harvesting.
Wednesday 26th September 10am - 2pm

PART TIME JOBS AND VOLUNTEERING FAIR
Connect with your city, make a positive difference in your community and develop your skills. This is your chance to meet lots of charities in Sheffield and find the perfect volunteering opportunity for you.
Thursday 27th September 10.30am - 2pm
Drop in Fair at the Octagon Centre, no need to sign up in advance.

WWW.SHEFFIELDVOLUNTEERING.COM
VOLUNTEERING@SHEFFIELD.AC.UK
SHEFFIELDVOLUNTEERING@SHEF_VOLUNTEER
RAG STANDS FOR ‘RAISING AND GIVING’ – WE’RE HERE TO SUPPORT STUDENT FUNDRAISING AND TO PUT ON FUNDRAISING EVENTS AND ACTIVITIES YOU CAN’T GET ANYWHERE ELSE!

Bummit are a Committee in their own right and are linked to RAG through their passion for fundraising. Bummit organise two landmark charity hitch-hikes each year. Every year we help students raise thousands of pounds for different charities and support hundreds of student-led events.

**RAG@SHEFFIELD.AC.UK**  
**WWW.SHEFFIELD.AC.UK**  
**WWW.BUMMIT.CO.UK**  
**BUMMIT 2018**  
**BUMMIT@SHEFFIELD.AC.UK**

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**SPIDERWALK**

RAG’S 13-MILE CHARITY BONFIRE NIGHT – HIKE!

**THURSDAY 1ST NOVEMBER**

Join us for RAG’s infamous night-walk in The Peak District; Spiderwalk! With hundreds of other students along for the journey, a picturesque route to keep you motivated and free food and a show at the half way point, Spiderwalk puts the fun in fundraising! Check our Facebook page for more info and to vote on where the money you raise will go to.

Ticket price & minimum sponsorship tbc

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**BABY BUMMIT TO… BRISTOL!**

**WEDNESDAY 7TH NOVEMBER**

Our hitchhiking charity challenge is a great way to meet new people, see new places and raise money for good causes. What’s more, if you enjoy it, there’ll be an even bigger hitchhiking challenge to an as of yet unknown European city for you to get involved with in 2019!

Baby Bummit can be a great bonding experience for you and your housemates, or a way to find new friends. You just need to get to Bristol in one day without spending any money and once you get there you’ll be treated to a cosy hostel and a well deserved night out with your fellow Bummit participants. All this whilst raising money for a good cause! What’s not to love?

Ticket price & minimum sponsorship tbc

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**Adopt a Charity**

RAG’s ‘Adopt a Charity’ scheme works with clubs, societies and committees to help you fundraise for charities of your choice. We can help you organise your own fundraising events or set up a bake sale or collection permit for you. Sports clubs and societies can also claim back up to 45% of your fundraising for your own club or society account too! We can help with things like planning, budgeting, marketing, resources and legal stuff.

E-mail adoptacharity@sheffieldrag.com

Please be aware that small scale fundraising events must send in their request for fundraising support at least 10 days before they wish for their event to take place and larger events must send through their request at least 6 weeks prior to their chosen event date.

Our Adopt a Charity team will not respond to fundraising requests during exam time and vacation periods.

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**Take part in our events**

**WANT TO FUNDRAISE? HERE’S HOW WE CAN HELP!**

- Budgeting, events management and maximising your fundraised income
- Ticketing
- Marketing
- Banking
- Health and safety advice, insurance and risk assessment
- Charity law and good practice
- Online Fundraising
- Fundraising resources and materials
- Collection permits
- Choosing charities

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**SPIDERWALK**

**BABY BUMMIT TO… BRISTOL!**

**PUT ON YOUR OWN FUNDRAISERS FOR CHARITIES OF YOUR CHOICE (AND RAISE MONEY FOR YOUR CLUB OR SOCIETY AT THE SAME TIME)!**

**TOP TIP: FOLLOW US ON FACEBOOK TO FIND OUT HOW WE CAN SUPPORT YOUR FUNDRAISING.**

Want to get involved? Contact us below.

**RAG REPS**

Interested in fundraising and want to develop your knowledge and skills? Become a RAG Rep! With support from our student committees and staff, you can learn fundraising skills, make new friends, and be an integral part of some of our biggest events (plus it counts towards your HEAR.)

E-mail ragreps@sheffieldrag.com

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**Welcome to RAG**
You run your Students’ Union, and right now we’re asking you to get involved with our leadership elections.

**SU COUNCILLORS** are responsible for bringing the issues which matter to you to the highest levels of the SU. They make important decisions about your SU, which have included:
- Bans on bottled water and Nestle products in our outlets
- Introducing free sanitary products around the SU
- Campaigning against the National Student Survey

The SU has 46 Departmental Councillors, 8 Representative Councillors and the Ethical and Environmental Councillor. Councillors are elected by and from the groups of students that they represent, so being a Councillor is open to all students, and is a fantastic opportunity to represent your peers and develop your skills.

**NUS DELEGATES** are elected Sheffield students who represent you on a national level at annual NUS Conferences. They vote on national policy and elect NUS leadership for the year ahead. Delegates decide on policies with a huge impact on the lives of students studying in the UK.

All students can become an SU Councillor or NUS Delegate, to find out more about either role come along to a session or email elections@sheffield.ac.uk

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**ELECTION SCHEDULE**
- **NOMINATIONS OPEN** – Mon 24th Sep 10am (Week 1)
- **NOMINATIONS CLOSE** – Fri 5th Oct 5pm (Week 2)
- **TRAINING AND SUPPORT** – Mon 8th - Thurs 11th Oct (Week 3)
- **CANDIDATES ANNOUNCED** – Fri 12th Oct (Week 3)
- **VOTING** – 10am Mon 15th Oct – 5pm Thurs 18th Oct (Week 4)
- **RESULTS ANNOUNCED** – 7pm Thursday 18th Oct (Week 4)

**INFO SESSIONS**

**IS BEING A COUNCILLOR FOR ME?**
**FREE**
Date and Time: 27th September 2.30-3.30pm
Gallery Room 3 or 3rd October 12-1pm, View Room 4
Find out how councillors fit into the running of the SU, what it’s like to be a Councillor and ask any questions you might have about the SU Elections process.

**NUS DELEGATES: WHAT’S IT ALL ABOUT?**
**FREE**
Date and time: 27th September, 3.30-4.30pm, Gallery Room 3 or 3rd October, 2.30-3.20pm, View Room 4
Want to get involved in national policy and student democracy? Learn about the NUS Conference process and how you can get involved!

**FIND OUT MORE: SHEFFIELDSU.COM/ELECTIONS**
**GET IN TOUCH: ELECTIONS@SHEFFIELD.AC.UK**
Sheffield Students’ Union’s Give it a Go programme is packed full of activities, events and experiences. Every year thousands of students take part in Give it a Go, and you should too!

**BUYING TICKETS**
Tickets for all activities are on sale at the Students’ Union Box Office (tel: 0114 222 8777) and are available to buy online www.sheffieldsu.com/events

**TICKETS MUST BE PURCHASED IN ADVANCE** and your Student, SIC or Gold Life Membership uCard must be shown at the Box Office in order to buy your tickets. Demand for Give it a Go is massive and events can sell out very quickly, so please buy your ticket early to avoid disappointment and please note that you cannot turn up and pay on the door! Unfortunately, all tickets purchased are non-refundable and cannot be exchanged or transferred. If the event organiser cancels the activity, a full refund will be given from the Students’ Union Box Office. Participants will be informed of cancellations via facebook and twitter, and email where possible.

**ROOM LOCATIONS**
Unsure of where to go? Check out the map at the front of the programme. If the location reads ‘The Edge’ in Endcliffe, ‘The Ridge’ in Ranmoor or ‘The SU’ (Students’ Union), just meet outside the Reception. Goodwin Sports centre is located on Northumberland Road (on your way up to Crookes)

**WOMEN’S MINIBUS**
For evening activities in the Students’ Union, the Women’s Minibus will take you home to your door anywhere within a 2-mile radius of the Union. The service runs at half past every hour and tickets cost just £1.50 from the Students’ Union Box Office.

**WOMEN’S COMMITTEE**
The Women’s Campaign at the University of Sheffield Students’ Union consists of the Women’s Officer and the Women’s Committee. Together they work to make your student experience free from discrimination and sexism, alongside the other Liberation Campaigns. Look out for the Women’s Committee logo to see events for self-defining women.

**PUBLIC TRANSPORT**
For information on bus and tram fares in and around Sheffield, visit www.travelsouthyorkshire.com

The Give it a Go sports activities are in partnership with Sport Sheffield.

**LOOK OUT FOR THE NEXT GIVE IT A GO IN OCTOBER**

**GOT AN IDEA FOR A GIVE IT A GO SESSION? LET US KNOW AT:**
GIVEITAGO@SHEFFIELD.AC.UK

Like Us on Facebook
Giveitagoshef

Follow us on Twitter
SUGiveitaGo

Follow us on Instagram
sugiveitago