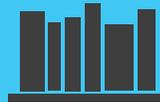




The  
University  
Of  
Sheffield.

US in Schools  
Mentoring  
Guide.





**The US in Schools Mentoring programme places current University of Sheffield students into local schools to work as mentors with a targeted group of young learners in Years 9, 10 and 11.**

The programme is designed to provide direct support for young people who have the academic potential to progress to university, who are from backgrounds that are currently under-represented in Higher Education or have no family tradition of going to university.

Specially trained University of Sheffield student mentors are allocated 4 – 6 mentees in one of our partner schools. They see their mentees each week during term time throughout the academic year. All the student mentors are DBS (Disclosure and Barring Service) checked and have undertaken appropriate mentor and safeguarding training.

Mentoring has improved my confidence in my education. Mentoring has been motivating and challenging.

Year 10 Mentee, Fir Vale School



*US in Schools Mentor*

I enjoyed meeting new people and exploring different career fields with my mentees and helping them realise what it is they might want to do.

Katie-Louise Hawksley, Student Mentor at Eckington School





## THE MAIN AIMS OF THE PROGRAMME ARE:

- ✓ To provide positive role models for local young people
- ✓ To increase the attainment of participating young people
- ✓ To raise awareness of Further and Higher Education options amongst under-represented groups
- ✓ To raise confidence, self-esteem, and motivation of the participants
- ✓ To provide University of Sheffield students with the opportunity to gain in-school experience
- ✓ To provide University of Sheffield students with the chance to evidence transferable skills

I and other staff have noticed a real difference in their confidence levels and attitude to learning. All of these pupils were very positive about their mentoring experience and would recommend it.

Starr Green, Tupton Hall School



*US in Schools Mentor Team*



*Parkwood Academy Mentees on their University Visit*

The most enjoyable aspect of mentoring was the University visit day, as it made the whole university aspect of the programme come alive to the mentees. This was shown in the enthusiasm and excitement that the mentees showed and the engagement in the various activities throughout the day.

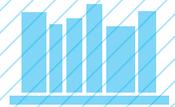
George Proctor, Student Mentor at Westfield School

## UNIVERSITY VISIT

Mentees are given the opportunity to visit The University of Sheffield campus whilst participating in the programme. The visit will include a mentor-led session introducing mentees to student life, a tour of the main University campus and lunch in the 'Award Winning' Students' Union. Schools bring all the mentees onto campus together and are looked after by the mentor team and staff from the University.

Working with my mentor helped me a lot with time management and other skills, also made me more confident.

Year 9 Mentee,  
Sheffield Park Academy



## ONE-TO-ONE MENTORING

Our student mentors meet their mentees in regular weekly 1-1 sessions in school but outside of their normal classroom environment. The mentors will help and support their mentees achieve the goals that are agreed between them at the start of mentoring and then reviewed throughout the year.

Mentors can support their mentees in variety of ways:

- Help them to improve their study skills
- Support them in the completion of coursework, exam preparation, revision or homework
- Proof read written work, giving constructive advice and feedback
- Signpost useful learning resources based upon their own school experience
- Help them research and consider their future options, education, and career direction

- Giving them the opportunity to ask questions and learn more about Higher Education
- Provide them with the opportunity to develop their aspirations

Mentees will meet with their matched student mentor, in school, on a regular weekly basis during term time to undertake 1-1 mentoring.



*US in Schools Mentoring Session*



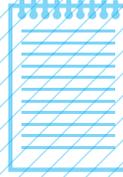
*Why Our Mentors Love Mentoring*

Our mentors are encouraged to focus on helping to build their mentees confidence, persistence and love of learning. They hope to improve their attainment and raise their aspirations, directing them to sources of information to help them become independent learners, and make informed decisions about their future education and career choices.



The best thing about working with a mentor is having someone to talk about my future.

Year 9 Mentee,  
Ecclesfield School



## CELEBRATION EVENT

At the end of the programme, all mentees and their parents/carers are invited to visit The University of Sheffield for a graduation-style Celebration Event.

Mentees and their parents/carers can find out about the support services and the social side of university in our 'Marketplace' at the start of the evening. There will also be representatives from different learning providers to help mentees discover the range of options in the next stage of their educational journey.

Each mentee is presented with a certificate. Special recognition is given for mentees awarded as 'Mentee of the Year' for their school, who have engaged particularly well with mentoring and made significant progress throughout their time on the programme.



*US in Schools Mentees*

Every student involved now knows what to do in relation to Higher Education and one particular child has decided not to go [to university] but go into the army. The mentor was able to support this and look at them doing the best they can in relation to a career in the army.

Helen Yates,  
Saint Pius X Catholic High School



*US in Schools Mentees at the Celebration Event*



## FURTHER INFORMATION:

For further information about US in Schools Mentoring, please take a look at our webpages or get in touch with the US in Schools Mentoring team:

**[www.sheffield.ac.uk/outreach/pre16/mentoring](http://www.sheffield.ac.uk/outreach/pre16/mentoring)**

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