

Young people and mental health: A psychosocial model

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Tom was the invited Keynote speaker at the conference attended by over 100 educational psychologists from across the Yorkshire and Humberside Region.

His presentation focussed on:

- The history of educational psychology at the University of Sheffield (from 1924) as well as the recent developments in professional training and other Psychology and Education programmes at The University of Sheffield;
- Brief findings from a recent Evaluation of a teacher training intervention in mental health delivered in schools (Billington, Fogg, Lahmar and Gibson, 2019);
- Principles underpinning a proposal for a psychosocial model of mental health in education;
- The role of the educational psychologist in the psychosocial model;
- Potential future partnerships between the The University of Sheffield Educational Psychology team and Educational Psychology Services and educational psychologists throughout the region.

The audience showed a warm appreciation and many expressed interest in developing future partnerships with the Educational Psychology team at The University of Sheffield.